

REVISED SOP FOR SCREENING, QUARANTINE AND TESTING FOR MAHE STUDENTS

FOR TRAVELLERS RETURNING TO MAHE CAMPUS:

Instructions for students before leaving hometown

COVID test: All students should get an RT-PCR done within 72 hours prior to departure. Only RT-PCR test report will be considered.

Vaccination for COVID-19: Students should have received at least one dose of COVID-19 vaccine prior to arrival at Manipal / Mangalore. The e-certificate of vaccination should be shown at the designated screening clinic. Unvaccinated students will not be permitted to attend academic sessions.

Travel plan: Students are instructed to send their travel plan to the respective chief warden or college/department office. This information should reach in advance to allow arrangements at MAHE for screening/quarantine on arrival. The following details should be disclosed

- Student contact details and email id
- Mode of travel
- City of departure
- Date and time of arrival

Students who are **symptomatic on arrival or develop symptoms after arrival** will be tested for COVID-19 irrespective of prior report.

Please Note: Students will be allowed only restricted movement for the first five days of arrival. Can arrive a week in advance to the reopening date but NOT before that!

Essential items to carry: Each student must bring along the following essential items before entering the campus:

- Triple layered mask-minimum 100, cloth mask-6 in number
- Correct sized gloves 20 pairs need to be carried by medical / dental / allied health / nursing students as wearing gloves is mandatory for clinical and practical sessions.

Supplies for daily and frequent sanitization

- Hand sanitizer-100 ml (5Nos)
- Liquid soaps for personal use in washrooms-2 bottles

For following social distancing norms in mess

- Strictly follow guidelines laid down by the chief warden
- Take away options are made available

Note: Students must possess valid ID cards issued by MAHE

REVISED SOP FOR SCREENING, QUARANTINE AND TESTING FOR MAHE STUDENTS

Within / Inter-district travelers/ Interstate travel:

- Upon arrival at Manipal / Mangalore campus, returnees should visit the designated **Screening Clinics** where:
 - the RT-PCR report and Vaccination Certificates will be scrutinized
 - students will undergo thermal screening and evaluation for symptoms suggestive of COVID-19. Symptomatic individuals will be quarantined at designated quarantine facility and tested.
- Students with a **negative RT-PCR report for COVID-19** on arrival and **either partially or fully vaccinated** will be exempted from quarantine at the designated quarantine facility. They will be issued a clearance card to be shown for entry at hostels and college. **However, they are advised to be quarantined in their hostel rooms for a period of five days, post arrival.**
- Students who are tested positive for COVID-19 will be shifted to designated COVID care center under MAHE.
- Students arriving with a negative RT-PCR but without a single dose of vaccination will be restricted from attending academic sessions in person till they receive vaccination. Such students will be housed in the quarantine facility.
- All inter-state travellers should get tested for COVID-19 and arrive with a negative RT-PCR report. The RT-PCR test **should be done irrespective of the duration of travel and should be repeated during each time the student travels outside the state of Karnataka.**
- Day scholars travelling from **Kerala** on a daily basis, should get themselves tested once in 15 days and submit negative RT-PCR report at designated Screening Clinic to get the clearance card.
- Hostel wardens, institutional coordinators and class representatives should keep a constant watch on the health status of students who have arrived and report if any student develops symptoms suggestive of COVID-19.
- Students should avoid frequent travelling once they are back in the campus unless there is a family emergency or any other absolute reason that needs to be vetted by the warden or institutional coordinator for those staying outside.

Domestic travelers who had COVID-19 in the last three months

- Students who tested positive for COVID-19 in the last three months should report to screening clinic with old RT-PCR report/discharge summary. A fresh RT-PCR before travel is not mandatory. In case, student has not completed the mandatory 12 weeks post recovery from COVID-19 and is due for vaccination, they will be considered for vaccination at Manipal after completing the requisite duration post recovery.

International travellers with the exception of Europe, UK, Brazil, South Africa & the Middle East:

1. Mandatory RT-PCR negative report **72 hours** before boarding/ tested at the airport testing facility
2. **Vaccination certificate**
3. **Testing** on arrival for **symptomatic travelers**

REVISED SOP FOR SCREENING, QUARANTINE AND TESTING FOR MAHE STUDENTS

International travellers from the United Kingdom, Europe, Brazil, South Africa & the Middle East

All students travelling from the United Kingdom, Europe, Brazil, South Africa and the Middle East or in transit through these countries shall arrive with a negative RT-PCR test done within 72 hours of departure and vaccination certificate. They will additionally undergo RT-PCR testing at the first port of entry into Karnataka (Bengaluru/ Mangaluru). Those negative shall remain in quarantine for 5 days. Those positive will be under institutional isolation and the sample will be sent to NIMHANS for genome sequencing. Two negative samples 24 hours apart is necessary prior to discharge.

Domestic travellers from the states of Kerala & Maharashtra

Should remain in quarantine in their respective rooms for a period of 7 days. If symptomatic during this period will be mandated to undergo a repeat RT PCR test.

Following are the locations of Screening Clinics for staff and students returning to campus:

Manipal:

- **Health sciences:** Ground floor, MMC Building
- **Technical Sciences:** Academic Block 3, Ground Floor, MIT, Manipal

Mangaluru: KMC hospital, Attavar

Following are locations of designated quarantine facilities of MAHE:

Manipal: New International Hostel Block C

Mangaluru: Bejai hostel, Mangaluru

Note: MAHE follows various COVID-19 guidelines issued by Government of India from time to time. It is the student's responsibility to strictly adhere to COVID-19 safety precautions. They must be aware that breach of these instructions is likely to make them vulnerable to the infection. We request the students to abide by the prescribed norms at all times to keep themselves safe. In spite of our best efforts if a student acquires COVID-19 infection, he/she will be treated as per MAHE policy. However, MAHE will not be responsible or liable for any prosecution in any such cases.

Guidelines for day scholars and students already staying in hostels

- **Day Scholars:** Should visit the designated screening clinic, where the negative RT-PCR report and vaccination certificate will be scrutinized and will be provided a clearance card.
- **Students already staying in hostels:** Should visit the screening clinic wherein they will be screened for COVID 19 symptoms and their vaccination status scrutinized. All asymptomatic and those vaccinated with at least one dose of COVID-19 vaccine will be provided a clearance card.

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Note for all students:

*In case of any **subsequent travel**, students are required to return the previously issued clearance card and **procure a fresh clearance card from the screening clinic upon return to the campus.***

*Students will be screened on a daily basis by the respective institutions while attending classes / labs / clinics / studios. Every student should ensure **COVID Appropriate Behaviour** at all times. **In case of any COVID related symptoms please report to the respective institutional authorities immediately and refrain from attending offline academic sessions till they receive a negative test report.***