

Program	Institute
All Master of Occupational Therapy (MOT) Programs	Manipal College of Health Professions (MCHP), Manipal

## MET 2025 Details

- Test Duration: **120 minutes**
- Total Questions: **200 MCQs**
  - Anatomy (20 Qs), Theoretical models and frames of references in Occupational Therapy (50 Qs), Occupational Therapy in various practice settings: {pediatrics (20 Qs), orthopedic conditions (20 Qs), neurological conditions (20 Qs), psychiatric conditions (20 Qs)}; role of occupational therapy in community and health promotion (10 Qs), Basic research and statistics (10 Qs); Standardized assessment tools (10 Qs), Key occupational therapy concepts and practice related issues (20 Qs)
- Max Marks: **800**
- Marking Scheme: **+4 for every correct answer, -1 for every wrong answer, 0 for every unanswered question**
- No. of Attempts: **1**
- Schedule & Mode: Refer <https://manipal.edu/met> for updates

## ANATOMY

Nervous system, musculoskeletal system, biomechanics and kinesiology, applied anatomy

## THEORETICAL MODELS AND FRAMES OF REFERENCES IN OCCUPATIONAL THERAPY

Occupational Therapy Practice Framework, models and frames of reference, biomechanical frame of reference, rehabilitation frame of reference, Model of Human Occupation, NDT, PNF, Brunnstrom's approach, Rood's approach, Sensory Integrative frame of reference, Behavioral frame of reference, Cognitive-behavioral frame of reference, psychodynamic frame of reference, developmental frame of reference, development across lifespan

## OCCUPATIONAL THERAPY IN VARIOUS PRACTICE SETTINGS

Occupational therapy in orthopedic conditions (such as but not limited to arthritis, hand injuries, fractures, nerve injuries, tendon injuries, cumulative trauma disorders, ergonomics among others), neurological conditions (such as but not limited to stroke, acquired brain injuries, degenerative conditions, tumors, cerebellar conditions, dementia, myelopathies, multiple sclerosis among others), pediatric conditions (such as but not limited to cerebral palsy, autism, learning disabilities, school system among others); psychiatric conditions (such as but not limited to schizophrenia, mood disorders, anxiety disorders, personality disorders, substance related disorders, group therapy among others); role of occupational therapy in community and health promotion

## BASIC RESEARCH AND STATISTICS

Biostatistics related concepts and terminology such as mean, median, mode, sampling; research study designs, evidence-based practice

## STANDARDIZED ASSESSMENT TOOLS

Details of various standardized tools used in occupational therapy practice for measuring different aspects of functioning including activities of daily living, roles, interests, play and social participation. Assessment of client factors such as memory, cognition, range of motion, sensation, tone, mood, balance, coordination, among others. Concepts related to reliability and validity of tools.

## KEY OCCUPATIONAL THERAPY CONCEPTS AND PRACTICE RELATED ISSUES

Concepts related to occupational balance, client centered practice, skills and competencies needed for an occupational therapy practitioner, clinical reasoning, advocacy, documentation, culture, contexts

♣ Best of Luck ♣

Updated: 27 January 2025 9.00 AM