## AWARENESS PROGRAMME ON THE OCCASION OF WORLD BREAST CANCER AWARENESS MONTH

Organized by: Department of Community Medicine, Kasturba Medical College(KMC) Mangalore, Manipal Academy of Higher Education.

Date: 17/10/2022 Time: 11.00Am to 12.00pm

Venue: Kathalsaar Anganawadi, Paduperara Grama Panchayath, Dakshina Kannada -574142

## Resource persons:

- 1. Dr. Mithun, Assistant Professor, Department of Community Medicine, Kasturba Medical College, Mangalore.
- 2. Dr. Saraswathy MV, Senior Resident, Department of Community Medicine, Kasturba Medical College, Mangalore.
- 3. Dr Rakshitha, Medical Intern, Department of Community Medicine.

## **Team Members:**

- 1. Mrs. Ruth Angeline and Mrs. Sharavathi, Medical Social Worker, Department of Community Medicine, Kasturba Medical College, Mangalore.
- 2. Mrs. Kavitha Shetty, Health Educator, Rural Health Training Centre, Kateel, Department of Community Medicine. Kasturba Medical College, Mangalore.
- 3. Mr. Rahul, Health Inspector, Rural Health Training Centre, Kateel, Department of Community Medicine. Kasturba Medical College, Mangalore.

Total number of beneficiaries: 25

Target audience: General public of paduperara village.

**Brief Summary:** RHTC - Kateel, Department of Community Medicine, Kasturba Medical College, Mangalore organized awareness session at Kathalsaar Anganawadi, Paduperara village, Daksina kannada on 17/10/2022 on account of world breast cancer awareness month, theme of this year being 'Together, we rise'.

The resource persons and the team were welcomed by Mrs. Rajeevi, Anganawadi worker. This was followed by an awareness talk by Dr Rakshitha on breast cancer. The talk focused on the various types of cancer, burden of cancer in India, early warning signs cancer, signs and symptoms of breast cancer and misconceptions.

Dr Saraswathy taught the audience regarding the ways of conducting Self Breast Examination. The queries of the audience was addressed by the resource persons in the programme.





