

World Diabetes Day 2022

Organized by: Department of Community Medicine, Kasturba Medical College (KMC) Mangalore, Manipal Academy of Higher Education

Date: 15/11/2022 **Time:** 10:30 to 11:30 AM//

Venue: Mallige Angadi Anganwadi Kateel.

Resource persons:

1. Dr. Mithun Assistant Professor, Department of Community Medicine

Members of the team:

1. Mrs. Kavitha Shetty, Health Educator, Rural Health Training Centre Kateel, Department of Community Medicine

2. Dr. Nipun Vattathode Murali Postgraduate, Department of Community Medicine

3. Dr. Soundarya Janani.S Postgraduate, Department of Community Medicine

Total Number of Participants : 25

Summary of the programme:

World Diabetes Day is the primary global awareness campaign focusing on diabetes mellitus and is held on 15 November each year. Access to Diabetes Care is the theme for World Diabetes Day 2022 -23.

It was decided to organize an awareness programme on diabetes mellitus at Mallige Angadi Anganwadi, Kateel as a part of the observance of World Diabetes Day 2022. The programme was held at Mallige Angadi Anganwadi Kateel on 15 November 2022. Mrs Kavitha Shetty, Health Educator coordinated with the faculty members of Mallige Angadi Anganwadi Kateel to organize this programme. Dr Mithun, Assistant Professors, Department of Community Medicine, KMC Mangalore spoke about the significance of World Diabetes Day. He highlighted the burden of diabetes mellitus and empathized on the role of youth to minimize the burden of non-communicable diseases in the community. The talk was interactive with good participation from the audience. Later, he explained the types, risk factors, clinical features, diagnosis, treatment, prevention and control of diabetes mellitus. The entire awareness programme was delivered in the Kannada language and the content was easily comprehended by the audience. An interactive question and answer session followed the talk. The doubts and queries raised by the audience were clarified by the resource persons.



