

VOLUME 8 ; ISSUE 1

# COMMUNIQUÉ

NEWSLETTER

MANIPAL COLLEGE OF DENTAL SCIENCES, MANGALORE



MARCH - DECEMBER 2023

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# Editorial

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*It is a true privilege to pen the editorial for Communiqué, the lively E-newsletter of MCOADS, Mangalore. We, at the Department of Oral Medicine and Radiology take pride in presenting Volume 8, Issue 1 of Communiqué which aims to highlight the diverse activities and accomplishments of our faculty, students, and alumni. Communiqué serves as a sincere effort to keep both current and former students, as well as the staff, informed about the latest events at our institution.*

*As we bid farewell to 2023, I welcome the rich tapestry of insights gained and the countless moments of joy that made it truly special. Here's to a happening year filled with positivity, growth, and the promise of an even brighter tomorrow.*

*I want to express my appreciation for the support and creative contributions of our esteemed faculty members, including Dr. Ravikiran Ongole, Dr. Junaid Ahmed, Dr. Ceena Denny, Dr. Nandita Shenoy, and Dr. Nanditha Sujir. I sincerely thank Mr. Raj Aryan Maturi (Final year UG student) for the cover page design and the alumni for their contributions towards alumni testimonials. I thank our Pro Vice Chancellor Dr. Dilip G Naik for his constant support for all our endeavours. I extend my heartfelt gratitude to our dynamic Dean, Dr. Ashita S Uppoor, for her unwavering support. I also want to acknowledge the steadfast support of our Associate Deans, Dr. Junaid Ahmed and Dr. Arathi Rao.*

**Dr Archana M**  
**Senior Lecturer**

**Department of Oral Medicine & Radiology**

## ADMINISTRATORS



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**Dr. Arathi Rao**  
Associate Dean



# ACADEMIC EXCELLENCE

## Conso Endo Week



The Conso Endo Week was observed from 05.03.2023 to 11.03.2023 in association with the Indian Association of Conservative Dentistry and Endodontics (IACDE). It comprised of sessions on endodontic challenges, custom cast post and core and contemporary bioactive strategies.



## BIOCON- Oral Cancer Screening Program



The Oral Cancer screening program, a 5 day program starting from 13.03.2023 to 17.03.2023 was organized under the aegis of Oral Cancer Task Force in collaboration with Biocon Foundation, Mazumdar Shaw Medical Foundation, KLE Society's Institute of Dental Sciences, Bengaluru.



## Hands on workshop on Periodontal Microsurgery



Department of Periodontology, conducted a hands-on workshop on “Periodontal Microsurgery” on March 31st, 2023 as a part of the 21st ISP PG Convention 2023. The resource person for the workshop was Col. (Dr) T. Prashant, Professor and Head, Department of Periodontology, AFMC, Pune.



As a part of PERI-PHASE of the 21st PG Convention of the Indian Society of Periodontology, the Department hosted the quiz for the post-graduates attending the conference. 55 teams from all over India registered for the quiz.

## MCODS Ortho Club Event

The Department of Orthodontics and Dentofacial Orthopedics, successfully conducted the first webinar session of the Ortho Club series on March 24<sup>th</sup> 2023 on the topic “From Scan to Smile: Treating cases efficiently with aligners”. The resource persons for the session were two of our esteemed alumni - Dr. Tapasya Juneja Kapoor, Consultant Orthodontist, India, and Dr. Shakti Singh, Consultant Orthodontist, Canada ; renowned clinicians and academicians with several years of experience.

**Department Of Orthodontics & Dentofacial Orthopedics**  
Cordially invites you to

**MCODS Ortho Club** “-An Interdisciplinary Discussion Forum”

Topic  
**“From Scan to Smile...  
Treating Cases Efficiently with Aligners”**

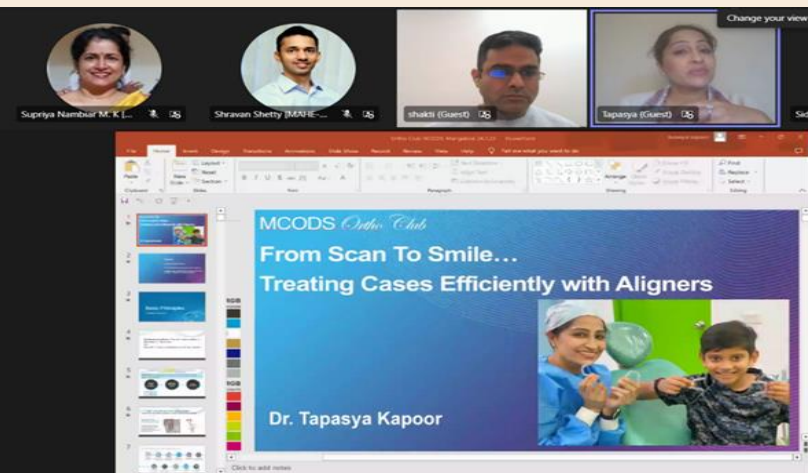
**Dr. Tapasya Juneja Kapoor**  
Consultant Orthodontist  
India

**Dr. Shakti Singh**  
Consultant Orthodontist  
Braces, ca, Canada

Date- 24-03-2023    Time- 9.00am    Platform – MS TEAMS

**Dr. Ashita Upoor**  
Dean,  
MCODS, Mangalore

**Dr. Supriya Nambiar**  
Prof & HoD  
Dept of Orthodontics



## Micro Teaching Module on TMJ evaluation and management

A microteaching module on TMJ evaluation and management of TMJ disorders and occlusal stabilization splints was conducted for advanced learners in the Department of Oral Medicine and Radiology on 30.03.2023. Dr.Hamesh Gangadharan, Reader from KMCT, Calicut was the resource person for the event.



## Celebration of World Oral Health Day



World Oral Health Day was celebrated to empower people with the knowledge and tools to secure good oral health. The campaign theme for this year was "Be proud of your mouth". This event comprising of various competitions for dental students, oral health education to school children was organized to inspire change by focusing on importance of oral health from 1st to 20th March 2023 by Department of Public Health Dentistry in collaboration with Rotary Club Mangalore, Karnataka.



## Clinical Tips & Problem Solving in Endodontics

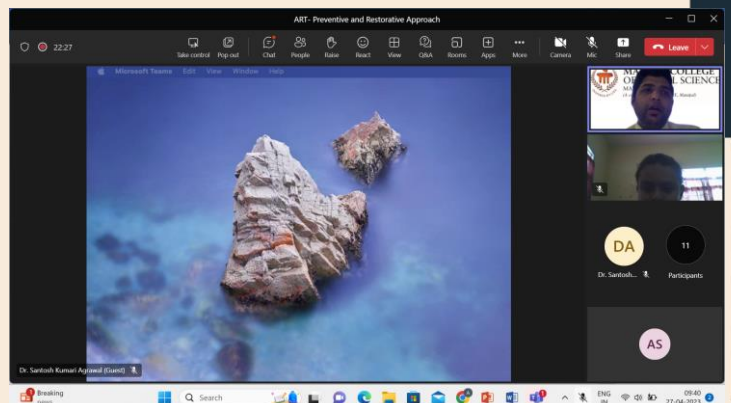
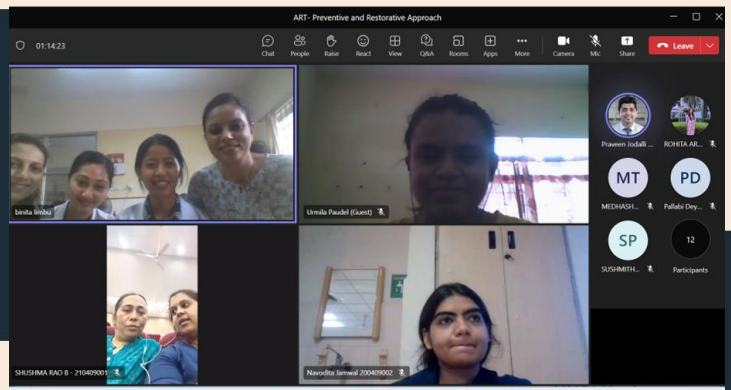
The Department of Conservative Dentistry and Endodontics, in association with the Alumni Relations MCODS organized a Workshop titled, "Clinical Tips & Problem Solving in Endodontics" on the 28th of April 2023. Dr. Vivek Hegde, Adjunct, faculty, of the department was the guest speaker.



## ART-Preventive and Restorative Approach

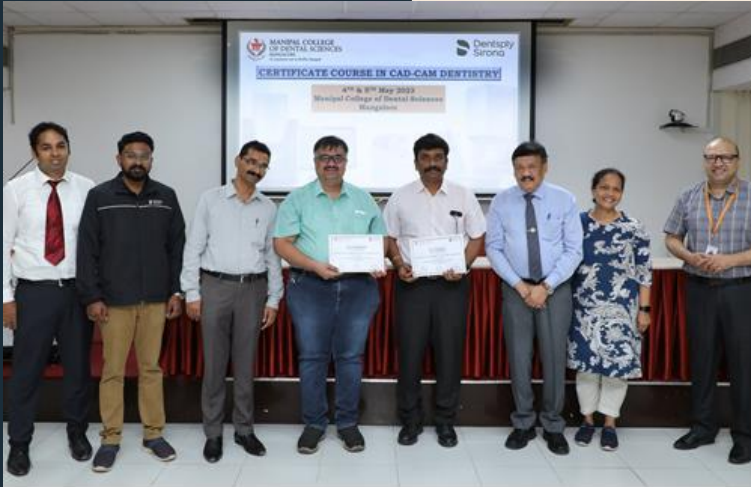


An online guest lecture was organized by the Department of Public Health Dentistry, as part of Academic Curricular Exchange-III (ACE-III) on 27th April 2023 for the post graduate students and faculty of MCODS, Mangalore and BP Koirala Institute of Health Sciences, Nepal.





## Certificate Course in CAD-CAM Dentistry



The first certificate course in CAD-CAM Dentistry in association with Dentsply Sirona, an extensive two day hands-on workshop covering the various aspects of CAD-CAM dentistry including crowns, fixed partial dentures, implants, cast partial dentures and complete dentures was organized on 4<sup>th</sup> and 5<sup>th</sup> May 2023 by the Department of Prosthodontics. Dr. Puneeth Hegde, Associate Professor, Department of Prosthodontics was the course coordinator for the same.

## Insights into Clinical Trials and Funding Opportunities



The Institution Research Committee conducted a Guest Lecture titled “Insights into Clinical Trials and Funding Opportunities” for faculty, postgraduates and interns on 31<sup>st</sup> May 2023. The resource person was Dr. Sudhakar Bangera MD, MMedSc, Fellow-Vaccinology, Managing Partner – AILEEN Clinical Research Services. He is also an Alumnus of KMC, Mangalore.



# Management of Medical Emergencies in the Dental Office



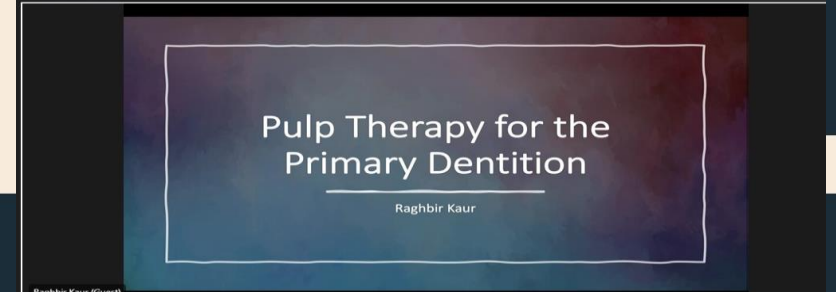
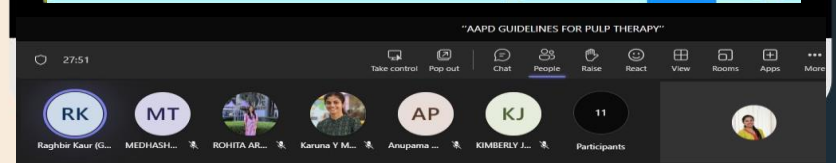
The Department of Oral & Maxillofacial Surgery conducted a webinar on 6th May 2023 titled "Management of Medical Emergencies in the Dental Office". The resource person was Dr. Manish Kumar Bhagania, Adjunct Faculty and 1996 batch UG Alumnus, currently Clinical Associate Professor Oral & Maxillofacial Surgery Boston University Henry M Goldman School of Dental Medicine.



# AAPD Guidelines for Pulp Therapy



The Department of Pediatric and Preventive Dentistry, conducted an online lecture session titled "AAPD Guidelines for Pulp Therapy" on 31<sup>st</sup> May 2023 by adjunct faculty, Dr. Raghbir Kaur, Adjunct faculty and 1999 batch UG Alumna, currently Director, Pediatric Dental Services and Associate Director, Pediatric Dental Residency Program at NYU Langone Health, USA.



## Hands on workshop on Periodontal Surgical Procedures and suturing techniques



Department of Periodontology, conducted a 2 day capsular program for the interns on “Periodontal flap techniques and suturing” on May 18<sup>th</sup> 2023 to May 19<sup>th</sup> 2023. The two day capsular program included lecture and hands on exercises on animal models.



## World No Tobacco Day Celebration



In observance of World No Tobacco Day, on 31<sup>st</sup> May 2023, Department of Public health Dentistry, organized the following events:

- Oral Check-up Camp
- Street Play
- Oral Screening for KSRTC Employees
- Awareness Program for Conductors and Drivers
- Guest Lecture on "Tobacco Cessation: Role of the Healthcare Sector."
- Quiz on Dentistry and Tobacco Consumption



# Public Health Dentistry Day



The Public Health Dentistry Day was celebrated on 19<sup>th</sup> June 2023, with great enthusiasm and active participation from the dental community.

Dr. Priyanka Ravi, PG Alumni Batch 2013 delivered an insightful talk on the “Future Prospects of Public Health Dentistry” The event aimed to raise awareness about the importance of oral health in overall well-being and highlight the future aspects of public health dentistry. The event was organized by the Department of Public Health Dentistry.



## Faculty Development Program - Art of Teaching



Dental education Unit under the aegis of Institutional Academic Reputation Cell, conducted a faculty development program on “Art of teaching” on 30<sup>th</sup> June 2023. Dr Latha V Prabhu, Professor Department of Anatomy was the resource person. Dr Latha shared her views on medical teaching , teaching aids, student management, class room management and ethics.



# Back to Basics - Academic Enrichment Program for Postgraduates



Department of Oral Medicine and Radiology, conducted an academic enrichment program titled “Back to Basics” on various radiographic appearances, approach to diagnostics in radiology based on basics of pathophysiology of the disease for the post graduates on 15<sup>th</sup> June 2023. Dr Sanjay Mallya Professor, Section of Oral and Maxillofacial Radiology, UCLA School of Dentistry, USA was the resource person.



## Palatal expansion: With and Without TADS



The MCODS- Ortho Club held a session on 16th June 2023 online via MS Teams for the postgraduates, faculty members and alumni titled “Palatal expansion: With and without TADS.”

Dr. Sumit Yadav, Professor and Chairman, Department of Growth and Development, UNMC College of Dentistry and Children’s of Omaha-Children Hospital, USA, was the resource person. He delivered a wonderful lecture on the topic



## Dental Education and Licensure in USA



Career Guidance Cell under the aegis of Institutional Academic Reputation Cell conducted a program titled “Dental Education and Licensure in USA” on 15<sup>th</sup> June 2023. Dr Sanjay Mallya Professor, Section of Oral and Maxillofacial Radiology, UCLA School of Dentistry, USA spoke about the current dental education scenario in the US and the pathways available for foreign dental graduates to practice in US.



## Academic Enrichment for III BDS Students on Forensic Anthropology



The Department of Oral Pathology, in collaboration with the Department of Anatomy, organized an engaging and educational discussion on Forensic Anthropology on the 28<sup>th</sup> July 2023. Dr. Rajanigandha, Professor and Head of the Department of Anatomy & Embryology, KMC, Mangalore led the discussion. She delved into the fascinating topic of identifying human bones, shedding light on the significance of dimorphism in forensic anthropology.



Google

GPS Map Camera  
Mangaluru, Karnataka, India  
Kasturba Medical College, Light House Hill Road, VR9V+VPM,  
Hampalekatta, Mangaluru, Karnataka 575001, India  
Lat: 12.869725°  
Long: 74.844136°  
28/07/23 09:40 AM GMT +05:30

## Basic Life Support Workshop



Basic Life Support (BLS) Workshop was conducted on 28<sup>th</sup> and 29<sup>th</sup> July 2023, for the III BDS students. This program was conducted by MAX-FACS Skills Center, Department of Oral and Maxillofacial Surgery, in collaboration with Department of Emergency Medicine, Kasturba Medical College, Mangalore and Simulation Centre, KMC Attavar.



## CAD/CAM: Future Of Dentistry



Department of Prosthodontics and Crown and Bridge conducted a Continuing Professional Development Program on 10th July 2023. The resource person for the program was Dr. Neena Kamath (BDS, MSD) Adjunct Assistant Professor, Indiana University School of Dentistry. She explained the importance of digital dentistry especially CAD/CAM technology.



# The MAHE- MMOAA Dr. V Surendra Shetty – Dr. Subraya Mogra Endowment Oration



The 4th MAHE-MMOAA Dr. V Surendra Shetty – Dr. Subraya Mogra Endowment Oration was held on 5<sup>th</sup> July 2023 titled “My personal experiences with different orthodontic appliances”. Dr. K. Sadhashiva Shetty, Director & Professor, Bapuji Dental College & Hospital was the resource person. The lecture was followed by the felicitation of the eminent alumni of the department.



## Leadership Effectiveness - Being a Purposeful Multiplier



Dental education Unit under the aegis of Institutional Academic Reputation Cell, conducted a faculty development program on “Leadership Effectiveness - Being a Purposeful Multiplier”, exploring the leadership qualities and the roles of the leader being a multiplier or a diminisher. This program was held on 27<sup>th</sup> July 2023. Mr. Sandeep Krishnan, CEO, People Business was the resource person.





# Healthy Teeth ,Healthy Gums And Good Habits For A Great Living



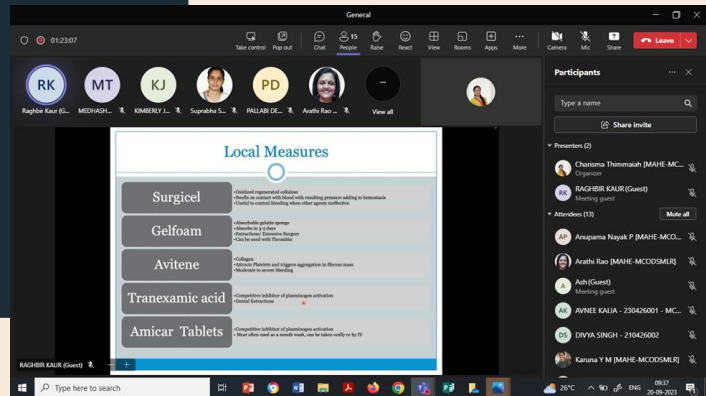
The Department of Periodontology Celebrated Oral Hygiene Day on 31<sup>st</sup> July and 1<sup>st</sup> August 2023 by conducting elocution competition and health talk for the eighth-grade students at Lourdes Central School, Mangalore.



## Clinical Guidelines for the Management of Bleeding Disorders in Pediatric Dentistry



The Department of Pediatric and Preventive Dentistry, conducted an online lecture session by Dr. Raghbir Kaur, Adjunct faculty and 1999 batch UG Alumna, currently Director, Pediatric Dental Services and Associate Director, NYU Langone Health, USA on 20<sup>th</sup> September 2023. The topic was "Clinical Guidelines for the Management of Bleeding Disorders in Pediatric Dentistry".



# UG Orientation Day



Under graduate orientation day was held on 31<sup>st</sup> August 2023. Dr. Dilip G Naik, Pro Vice Chancellor, MAHE Mangalore campus was the chief guest and Dr. George P John, Alumnus of 1991 Batch was the guest of honour.



## School Dental Health Education Program



Kasturba Medical College, Mangalore initiated the 'Teddy Bear Clinic' School program in collaboration with the Department of Pediatric and Preventive Dentistry for the pre-school children, teachers and parents of Manipal School, Attavar Mangalore. It was conducted to spread awareness of preventive health and dental issues with the aim to reduce anxiety in young children



# Pursuing PhD in Japan Post BDS: Avenues & Opportunities



Dr. Swarna Raman, PhD Scholar, Tokushima University, Japan conducted an interactive webinar on “Pursuing PhD in Japan Post BDS: Avenues & Opportunities” on 8th August 2023.



## Target NEET



Career Guidance and Placement Committee under the aegis of Institutional Academic Excellence committee, conducted a student guidance program on Target NEET on 24<sup>th</sup> August 2023. Dr Ranjan Bhat and Dr Archana M, both UG alumni were the resource persons.



# Reconstructive options in Head and Neck Surgery – What do I have?



The Department of Oral and Maxillofacial Surgery conducted a Webinar on and talk on “Reconstructive options in Head and Neck Surgery – What do I have?” on 3rd of August 2023. The speaker was Dr. Mehul R Jaisani, PG alumnus batch of 2008, currently, ITF (RCS Eng); Global OCADI, Additional Professor And Head, Department of Oral and Maxillofacial Surgery, B. P Koirala Institute of Health Sciences, Dharan, Nepal.



## Basic Surgical Skills workshop



The Department of Oral & Maxillofacial Surgery in association with Johnson and Johnson Institute on Wheels organized a 1-day Basic Surgical Skill workshop on 13th December 2023 for Postgraduate students and Interns on Basic Surgical Skills.



This was an Industry-Academia collaborative effort to train young surgeons in performing safe surgery in a dedicated training laboratory with use of simulators and training models outside of the operating room, in Johnson & Johnson Institute on Wheel (JJIW) based skill lab training.

## Getting the Best of MBT Mechanics in Presurgical Orthodontics – A Workshop



The Department of Orthodontics with The Mangalore Orthodontic study group organized a one-day workshop on “Getting the best of MBT mechanics in presurgical orthodontics” on 30th August 2023. The resource person for the event was Dr P. Janardhanam, Professor, SIBAR Institute of Dental Sciences, Guntur. The one-day workshop was an industry academic collaboration with 3M fully sponsoring the program.

## Workshop on Analyzing Qualitative Data with Atlas Ti



The workshop on "Analyzing Qualitative Data with Atlas Ti" was held on the 26th August 2023. The event aimed to equip participants with the necessary skills and knowledge to effectively analyze qualitative data using the software tool Atlas Ti. The workshop was organized by the Department of Public Health Dentistry, and the resource person was Dr. Parul Dason Bajaj, TMA Pai Research scholar.



## Basic Life Support Workshop



Capsular workshop on Basic Life Support (BLS) Workshop was conducted on 21<sup>st</sup> and 22<sup>nd</sup> September 2023 for Interns. They were trained to give high quality chest compressions, deliver appropriate ventilation using bag-mask ventilator and provide early use of an AED. This program was conducted by MAX-FACS Skills Center, Department of Oral and Maxillofacial Surgery, in collaboration with Department of Emergency Medicine, Kasturba Medical College, Mangalore, and Simulation Centre, KMC Attavar.

## Certificate Course in Minor Oral Surgery



The Department of Oral & Maxillofacial Surgery conducted the Certificate Course in Minor Oral Surgery from 1st – 30th September 2023. The participants attended lectures and performed preclinical and clinical work.



## Funding Opportunities and mentoring for grant Application writing for research projects



Department of Oral & Maxillofacial Surgery, conducted a Guest Lecture on 6<sup>th</sup> September 2023 titled “Funding Opportunities and mentoring for grant application writing for research projects” for all faculty members of the department. The resource person was Dr. Sudhakar Bangera MD, MMedSc, Fellow-Vaccinology, Managing Partner – AILEEN Clinical Research Services.



## Decision Making in Extraction Cases- An Evidence-Based Perspective



Department of Orthodontics and Dentofacial Orthopedics conducted a program titled “Decision making in Extraction cases- An evidence-based perspective on 2nd September 2023. The resource person was Dr Sridevi Padmanabhan, Professor and Associate Dean, SRIHER, Chennai.

**Capsule Workshop for Interns**

Organized by  
**Department Of Orthodontics & Dentofacial Orthopedics**  
 MCOOS MANGALORE

Date: 05/09/2023  
 Venue: Department of Orthodontics, MCODS Mangalore

Topic 1: Diagnosis of Orthodontic Problems  
 Objective:  
 To identify common Orthodontic Problems and create a problem list with special emphasis on 3D diagnosis.

Topic 2: Soldering and Welding  
 Objective:  
 To understand the basics of soldering and welding.

Topic 3: Bite Registration for Functional Appliances  
 Objective:  
 To understand skeletal Class II malocclusion in growing patients and understand the basics of bite registration for a functional appliance.

# Skill Enhancement for Interns in Orthodontics – Capsule Workshop

The Department of Orthodontics & Dentofacial Orthopedics, successfully conducted a Skill Enhancement Workshop for Interns on the occasion of Teacher’s Day on 5th September, 2023. The workshop was led by the Faculty from Department of Orthodontics and comprised of three modules. The 1st module focused on the “Diagnosis of Orthodontic problems”, the 2nd module focused on the theoretical and practical aspects of soldering and welding and the 3rd module focused on the management of growing skeletal class II patients and the basic principles of myofunctional appliances.



## Pharmacovigilance Week



Pharmacovigilance Week, an annual event that promotes awareness and understanding of drug safety, was observed with great enthusiasm from September 15<sup>th</sup> to 21<sup>st</sup> September 2023. Dr Ashok Shenoy, Professor, Department of Pharmacology, KMC Mangalore highlighted the importance of pharmacovigilance in dentistry and delivered an informative and engaging address on the topic, "Pharmacovigilance: Ensuring Safe and Effective Medications."





## PG Orientation Program



The Postgraduate (PG) Orientation Program for the newly joined Master of Dental Surgery (MDS) students was held on 6<sup>th</sup> October 2023. The event featured an exciting lineup of speakers who motivated the PG students and provided essential information to help them transition smoothly into their academic journey which included about literature search, submission to Ethics committee, protocol/thesis/manuscript writing, academic expectations, course structures, and research opportunities.

## Career Guidance and Placement Committee Initiatives



The Career Guidance and Placement committee has taken the lead in introducing placement initiatives for our graduates and alumni in renowned dental corporate and Edtech companies, marking a significant milestone in India through organizing 3 campus interviews in the month of July, October and November. We take great pride that one of these companies, Medi Study Go, was established by one of our students. 18 alumni were placed through this initiative.



### Job Opportunities MCODS Mangalore Graduates



#### Description

- ✓ Open Position for Dentist and Dental Consultants
- ✓ Qualifications: BDS/ MDS
- ✓ All cities pan India
- ✓ 2-year Commitment

Orthosquare has been serving tirelessly for over 13+ years  
 Orthosquare Dental Clinic takes pride in successfully running 100+ clinics  
 across Maharashtra, Gujarat, Telangana, Kerala, Tamil Nadu and Karnataka

Register for online campus interview through the link

<https://forms.gle/3ZAR0tA9tHC6Ww7>



## Orthodontic Awareness Week

Mangalore Orthodontic Study Group (MOSG) in collaboration with the Indian Orthodontic Society celebrated Orthodontic Awareness Week from 9<sup>th</sup> to 15<sup>th</sup> October 2023. MCODS Mangalore participated in this initiative by arranging two events: "miles for smiles" and "Kids Painting Competition" which was arranged on 15<sup>th</sup> October 2023.



## World Mental Health Day Celebration



World Mental Health Day is celebrated globally on October 10th every year to raise awareness about mental health issues and to promote mental well-being. MCODS Mangalore organized a significant event in line with this year's theme:

"Mental Health in an Unequal World." Dr. Geetha Maiya, Director of Student Affairs, MAHE was the resource person.





## School Dental Health Education Program

Kasturba Medical College, Mangalore initiated the 'Teddy Bear Clinic' School program in collaboration with the Department of Pediatric and Preventive Dentistry. This program was conducted for pre-school children and teachers of Euro Kids Pre School, Mangalore, Chaitanya Techno School, Kuloor Mangalore and Manipal School, Attavar Mangalore.

The Teddy Bear Clinic Programme aims to reduce anxiety in young children who have a fear of doctors, hospitals, and medical and dental procedures while enhancing their knowledge of health and diseases.



## Children's Day Celebration



The Department of Pediatric and Preventive Dentistry, celebrated Children's Day on 14th November 2023. The program for Children's Day consisted of

- Drawing competition for Children: 'Superhero's Also Need to Brush'
- Dental Health Education for Children and Parents
- Free Dental Checkup and topical fluoride application
- Distribution of Oral Health Booklets
- School Dental Health Educational Program



## CPR Awareness Program organized by National Board of Examinations in Medical Sciences



CPR Awareness Program organized by the National Board of Examinations in Medical Sciences was arranged at MCODS, Mangalore on 6<sup>th</sup> December 2023. The programme comprised of short video demonstration explaining the participants about benefit of CPR and correct method of administering it. This was followed by Hands-on training on Mannequins. They were also trained to recognize various life-threatening emergencies and how to initiate and conduct the Basic Life Support.



## OSCE (A Hands-on Workshop)



The Dental Education Unit, under the aegis of the Institutional Academic Reputation Cell, conducted a hands-on workshop on OSCE on 9<sup>th</sup> December 2023. The resource person was Dr. Sharada Rai, Professor, Dept. of Pathology, KMC Mangalore who is a founding member of the MAHE – FAIMER Institute and has a rich experience in the field of medical education.



# Research Methodology and Biostatistics Workshop

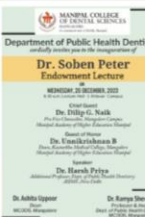
Department of Public Health Dentistry conducted a workshop on Research Methodology and Biostatistics on 11th & 12th December 2023. The resource persons were the faculty of Public Health.



## Dr. Soben Peter Endowment Lecture



Dr. Soben Peter Endowment Lecture was conducted by the department of Public Health Dentistry on 20<sup>th</sup> December 2023 titled "National Oral Health Program- a bird's eye view". The resource person was Dr. Harsh Priya, MCODS Alumna and Additional Professor, Department of Public Health Dentistry AIIMS New Delhi.





## eviDENS 2023

The Department of Public Health Dentistry, hosted the Continuing Dental Education Programme on Research Methodology, Epidemiology, Biostatistics and Ethics on 6<sup>th</sup> and 7<sup>th</sup> January 2023 for the first year Postgraduate students. The lectures were taken by faculty of the Department of Public Health Dentistry and the guest speakers Dr. Vaibhav P Thakkar, PG Alumni batch of 2011, Associate Professor & I/C Head Department of Public Health Dentistry, MGM Dental College & Hospital, Navi Mumbai, Dr. Arun K Simon, PG Alumni- Batch of 2012, Reader and HOD, Department of Public Health Dentistry, Sri Ramakrishna Dental College & Hospital, Coimbatore and Dr. Ashish Shrestha, Professor and Head, Department of Public Health Dentistry, College of Dental Surgery, BP Koirala Institute of Health Sciences, Dharan, Nepal.



## Hands-on Workshop on Parenteral Injection Techniques

Department of Oral and Maxillofacial Dentistry conducted a hands-on workshop on Parenteral Injection Techniques on 15<sup>th</sup> November 2023 for the Interns at the MAX-FACS Skills Center. Brief Lectures were followed by demonstration of subcutaneous injection, intradermal injection, intravenous cannulation and injection, deltoid and gluteal intramuscular injection techniques. The resource persons were the faculty of the department, Dr. Nikhil Paul Senior Lecturer and Dr. Archu M.J. Senior Lecturer Department Emergency Medicine KMC, Mangalore.

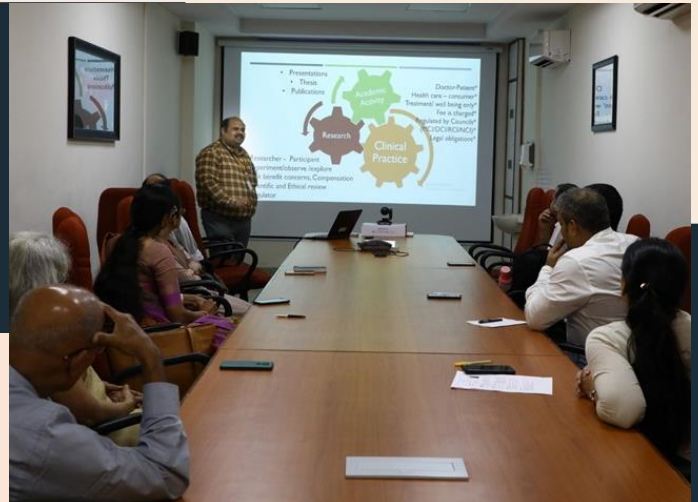
## Doctoral Programme- Guidelines & Standard Operating Process



Doctoral, Faculty Research & Ethics Vertical conducted a Guest Talk titled “Doctoral Programme- Guidelines & Standard Operating Process” on 18<sup>th</sup> December 2023. The resource person was Dr Vasudha Devi, Deputy Director, Centre for Doctoral Studies, MAHE Manipal.

Dr Vasudha highlighted the recent guidelines and standard operating doctoral process at the institutional level to be followed by supervisors and research scholars, emphasized on categories of PhD at MAHE, the Expression of Interest (EOI) & timelines, Intra mural Funding opportunities.

## Ethics sensitization talk



A guest lecture was organized by the Institutional Ethics Committee on 10<sup>th</sup> November 2023 in association with Vertical related to Faculty research, Doctoral research & Ethics on the topic “Ethical issues during the conduct of academic research” & “Novel delivery methods for drugs and devices; Consent for biological materials (extracted tooth); Randomized controlled trial – Academic trials” by Dr Rajesh Krishna Bhandhary, Member Secretary, KMC, KH Ethics Committee, Manipal; Chair – Ethics and Regulations Verticals, KMC, Manipal; Associate Professor, Dept of Psychiatry, Kasturba Medical College, Manipal.

## Anti – Ragging Week

Anti-ragging week was observed from 12<sup>th</sup> to 18<sup>th</sup> August 2023, by conducting an awareness talk regarding anti-ragging for all the batches of students.

The speakers were Dr. Shiv Sharan Shetty, DCI member and President IDA National branch, and Dr. Suresh Shetty, Associate Dean and Professor of Forensic Medicine, KMC Mangalore, Dr. Srikant Natarajan, Prof, HoD, Oral Pathology and Dr. Mithun Pai, Associate Professor, Public Health Dentistry



## Anti- Ragging Orientation Day

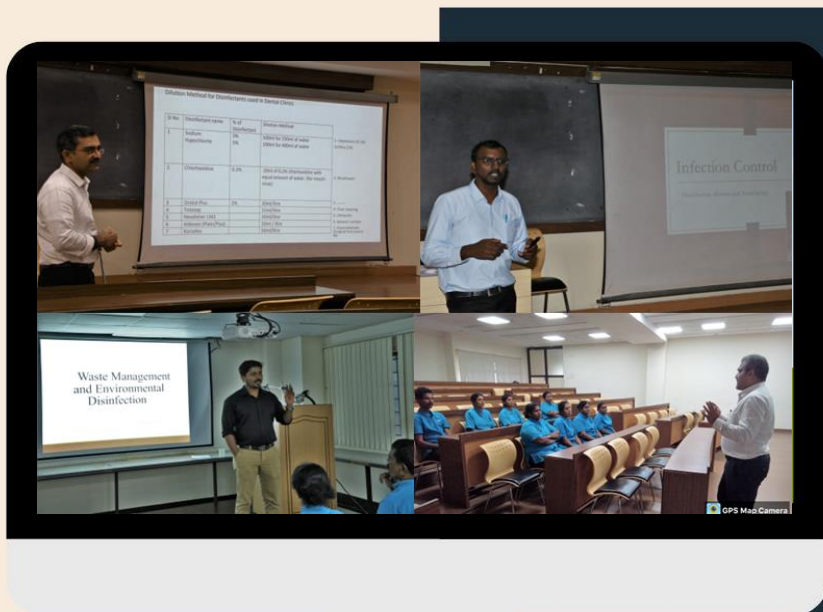


The topic of the talks included on adverse effects of ragging and how it affects their lives, about the importance of maintaining a safe and friendly environment with their fellow batchmates which leaps towards a better and homely place for all the students. An E-poster and slogan writing competition was also conducted.

## Training for Non Teaching Staff



The infection Control Committee conducted training programs on “Autoclaving and surface disinfection” and “Waste management and environmental disinfection” for the non teaching faculty on 26<sup>th</sup>, 28<sup>th</sup> July, 4<sup>th</sup> and 8<sup>th</sup> August 2023.





# College Day and Awards Ceremony 2023



Manipal College of Dental Sciences, Mangalore celebrated its College day and awards ceremony on 3rd December 2023 at the Dr. TMA Pai International Convention Center. This event recognized and celebrated the achievements of the students and faculty and also reflected the remarkable progress made in the year gone by.

The chief guest of the event was Dr Dilip.G.Naik, Pro Vice Chancellor, Manipal Academy of Higher Education, Manipal. In his address to the outgoing students he shared his experience and ethos for success. He spoke about the importance of service to society, gratitude, credibility and pursuing goals with passion.

Dr Ashita Uppoor, Dean, presented the college report for the year 2022-23. The Chief Guest Dr Dilip.G.Naik, Pro Vice Chancellor, Manipal Academy of Higher Education, Manipal released the college magazine titled "AVYAAN". The academic, research, alumni and endowment awards were distributed to the faculty and students by the Chief guest, Dean & Associate Deans. Dr Junaid Ahmed, Associate Dean delivered the welcome address and Dr Arathi Rao, Associate Dean delivered the vote of thanks.

The Best outgoing student of batch of 2018 was Dr.Simran Gupta and Dr Savil Uchil and her team received the prestigious Dr. TMA Pai gold medal for research. The Batch of 2018, shared their nostalgic experiences and raised a toast to the institution.





# RESEARCH

## The Induction Ceremony for the Core committee members of MAHESRF, MCODS Mangalore 2023-24



The induction ceremony for the committee members of MAHESRF, MCODS Mangalore 2023-24 was held on 16th June 2023. The ceremony was graced by the presence of Dr Santosh KV, Deputy Director for Research Technical and management, MAHE.

## MAHESRF Orientation for 1st-Year Students

MAHESRF organized an orientation event for newly joined 1st-year students on 8<sup>th</sup> September 2023. The students were enlightened about the myriad research opportunities available, fostering an atmosphere of curiosity and engagement among the newcomers. These events showcased the commitment of MAHESRF in promoting research and knowledge-sharing among students and faculty at Manipal Academy of Higher Education.



## Patents and Copyrights and Interactive session- INNOWAVE



MAHESRF MCODS Mangalore organized a day-long event on 30<sup>th</sup> August 2023 focusing on intellectual property rights and innovation. The event featured an invited lecture titled "Patents and Copyrights" by Dr. S Varadharajan, the Coordinator of the Technology Transfer Office at MAHE Manipal, followed by an interactive session known as "INNOWAVE-Surfing Innovation with the Experts," led by Dr Mohammad Zuber, Chief Innovation Officer at MAHE Manipal, and Dr S Varadharajan.



## Genetics 101 - Decoding Genetics in Oral Health



MAHESRF MCODS Mangalore organized an enlightening webinar on 8<sup>th</sup> September 2023, titled "Genetics 101 - Decoding Genetics in Oral Health." Mr. Elston D'Souza, a Computational Research Assistant and D.Phil student at the Nuffield Department of Medicine, University of Oxford, UK, conducted the webinar. His expertise in genetics and research added immense value to the event.



# EUREKA: Research and Innovation Week



"Eureka," the pioneering research and innovation week hosted by MAHESRF MCODS Mangalore was conducted in collaboration with the Innovation Centre, MAHE Manipal.

Eureka stands as a unique interbatch competition, designed to cultivate research, entrepreneurship, and innovation among dental students. Drawing inspiration from J.K. Rowling's Harry Potter series, batches were randomly assigned to houses—Gryffindor, Hufflepuff, Ravenclaw, and Slytherin—infusing a sense of competition, camaraderie, and belonging.

## Events organized:

- Enchanting Quill: Abstract Revelry
- Mirror of erased: Product Photography
- Magical Mindscapes: Mind map
- The Daily Prophet: Crossword
- Mystical scrolls: Poster Making
- Quidditch: Research Hunt
- The disciplinary hearing: Mock Ethics
- Alchemy: Pitch-A-Product
- The Sorcerer's Forum: Debate



# 49<sup>th</sup> Karnataka State & 8<sup>th</sup> Inter State Dental Conference

15<sup>th</sup>, 16<sup>th</sup> & 17<sup>th</sup>  
 December 2023

*Bridging the Digital Divide*

Manipal College of Dental Sciences  
 Marena Greens, Attavar, Mangalore

The 49th Karnataka State Dental Conference was held from the 15<sup>th</sup> to the 17<sup>th</sup> December 2023. This event brought together dental professionals, practitioners, and students from across Karnataka to participate in a series of insightful discussions, workshops, and presentations. The conference was a collaborative effort, with Dr. Junaid Ahmed, Associate Dean serving as the co-chairman of the organizing committee.

Five pre-conference workshops were conducted at MCODS Mangalore, setting the tone for the main event. These workshops covered a diverse range of topics, providing participants with valuable hands-on experiences and the latest insights into various dental practices.



Dr. Sharath K Rao, Pro Vice-Chancellor – Health Sciences, MAHE, Manipal inaugurated the event and the trade fair. The conference witnessed a remarkable turnout, with nearly 2000 delegates in attendance. This significant participation showcased the event's importance in the dental community. The diverse audience included dental professionals, undergraduate and postgraduate students, as well as faculty members from different institutions.



The conference featured excellent deliberations from renowned speakers in the field of dentistry. The presentations covered a wide array of topics, from cutting-edge research to innovative clinical practices. The engaging discussions fostered an environment of learning and collaboration among the attendees.



A highlight of the conference was the recognition of outstanding contributions by students and faculty. Both undergraduate and postgraduate students, as well as faculty members, were honored with the prestigious Best Paper Awards for their exceptional research and presentations. MCODS Mangalore bagged 24 student awards and one faculty award at the conference.

The 49th Karnataka State Dental Conference proved to be a resounding success, bringing together dental professionals and students for a four-day event filled with knowledge-sharing, networking, and recognition of excellence. The organizing committee, led by Dr. Junaid Ahmed, deserves commendation for their efforts in orchestrating a memorable and impactful event





**Awards**

# Undergraduate Awards

S.No	Name	Details of the Award
1	Ms.Simran Gupta, Intern	Second prize for Best Research Presentation guided by Dr Karuna Y.M, Associate Professor, Pediatric & Preventive Dentistry, at the 13th Dental Students' Scientific Symposium 2023 held at Faculty of Dentistry, University Teknologi MARA, Malaysia from 18 <sup>th</sup> -19 <sup>th</sup> April 2023
2	Ms.Sukanya Menon & Ms.Yashaswini Modukuru, Interns	Second prize in the poster presentation under the guidance of Dr Nanditha Sujir, Associate Professor Oral Medicine & Radiology at the 13 <sup>th</sup> Dental Students' Scientific Symposium 2023 held at Faculty of Dentistry, University Teknologi MARA, Malaysia from 18 <sup>th</sup> -19 <sup>th</sup> April 2023
3	Dristi Kedia & Meera Manoj, Interns	Second prize in the poster presentation under the guidance of Dr. Janina Loren Dsouza, Senior Lecturer, Conservative Dentistry and Endodontics at the 2 <sup>nd</sup> Manipal Dental Conference held at MCODS Manipal from the 10th-11th August 2023.
4	Ms. R Divya Lakshmi & Ms.Adheena Madhu,	First place in the poster presentation under the guidance of Dr. Praveen Jodalli, Associate Professor, Public Health Dentistry, at the 2 <sup>nd</sup> Manipal Dental Conference held at MCODS Manipal from the 10th-11th August 2023.
5	Ms. Muskan Sharma & Ms. Pooja Natarajan, Interns	Third place in the E-Poster competition under the guidance of Dr. Charisma Thimmaiah, Reader, Pediatric and Preventive Dentistry, at A B Shetty Memorial Institute of Dental Sciences, Mangalore on 25th August 2023.
6	Ms. Chaithra M, Intern	Second place in the poster presentation under the guidance of Dr. Harshit Atul Kumar, Senior Lecturer, Orthodontics and Dentofacial Orthopaedics, at the 4th National Conference on Youth in Social Change organized by VSO, MAHE, held in Manipal from 16th to 17th September, 2023
7	Ms.Simran Singh	Won second place for poster presentation under the UG category at the ISPRP Conference held at SRM Chennai
8	Mr. Prajval, Mr. Dinkar Nagpal, Ms. Lakshmi Priya Varathakumaran, Ms. Asmita De, Mr. Pulkit Chawla, Mr. Yash Kamat, Mr. Vyom Gupta, Ms. Lavangi Sehgal and Ms. Akansha Kashyap	Won awards for poster presentation under the UG category at the 49th KSDC Conference held from 15th to 17th December 2023
9	Ms.Akshata Shivaswaroop, Ms. Rhea Fernandes, Ms. Jacinta Lymon, Ms. Lipika Sen, Mr. Arjun Kamath, Ms. Shubangi, Mr. Shashank Agrawal, Ms. Kritika Bali, Ms. Radhika Ailawadi, Ms. Dristi Kedia	Won awards for paper presentation under the UG category at the 49th KSDC Conference held from 15th to 17th December 2023



# Postgraduate Awards

S.No	Department	Name of the student	Award Particulars
1	Periodontology	Dr. Urbashi Roy Chowdhury,	Dr. Urbashi Roy Chowdhury, Postgraduate student, Department of Periodontology, has been awarded the Overall Best Paper "Dr V.N Bhatavadekar Award" in Clinical Research Category of Paper presentation held at the 21 <sup>st</sup> National PG Convention organised by Indian Society of Periodontology from 31 <sup>st</sup> -1 <sup>st</sup> April 2023,.
2	Periodontology	Dr. Priyanka Sahu	Dr. Priyanka Sahu, 1 <sup>st</sup> year Post Graduate Student, Department of Periodontology, has won the Commendation certificate for her poster presentation titled, "Hyaluronic acid: Hope or Hype in Periodontics" under the category of review article at the 21 <sup>st</sup> ISP National PG Convention held at AB Shetty Memorial Institute of Dental Science, Mangalore from 1 <sup>st</sup> -2 <sup>nd</sup> April.
3	Oral Surgery	Dr. Ritesh Kumar Singh	Dr. Ritesh singh was 1 of the 3 students selected from MAHE, of a total of 29 student presenters from premier institutes like Dalhousie university Canada, IIT-Tirupati, IIT-Ropar, IIT-Guwahati, IISER-Tirupati, and MAHE. An online symposium, which was conducted on 27/07/2023 at 04:00 pm (IST) on behalf of the office of government & global relations at Dalhousie University
4	Conservative Dentistry	Dr. Vighnesh M	Dr. Vighnesh M, first-year post-graduate, Department of Conservative Dentistry and Endodontics secured second place for poster presentation during 2nd ACE Karnataka Conference, 2023 held at Oxford Dental College, Bengaluru from 10th- 12th August 2023
5	Orthodontics & Dentofacial Orthopedics	Dr. Shravani Desai	Dr. Shravani Desai, Postgraduate student, Department of Orthodontics and Dentofacial Orthopaedics has won the 2nd place for poster presentation at the WALTCOn 2023, hosted in MCODS, Manipal from 14th to 16th September, 2023 on the topic – "An Orthodontist's Quandary- Photobiomodulation or Platelet- Rich Plasma".
6	Public Health Dentistry	Dr. Kavery Chengappa S	Second place in poster presentation at 49 <sup>th</sup> KSDC Conference held from 15 <sup>th</sup> to 17 <sup>th</sup> December 2023
7	Conservative Dentistry	Dr.Sahitha N R	Second place in paper presentation at 49 <sup>th</sup> KSDC Conference held from 15 <sup>th</sup> to 17 <sup>th</sup> December 2023
8	Conservative Dentistry	Dr.Ashwini Anand Kamat	First place in paper presentation at 49 <sup>th</sup> KSDC Conference held from 15 <sup>th</sup> to 17 <sup>th</sup> December 2023
9	Orthodontics & Dentofacial Orthopedics	Dr.Sara Naseer	Second place in poster presentation at 49 <sup>th</sup> KSDC Conference held from 15 <sup>th</sup> to 17 <sup>th</sup> December 2023
10	Orthodontics & Dentofacial Orthopedics	Dr. Maria T	First place in paper presentation at 49 <sup>th</sup> KSDC Conference held from 15 <sup>th</sup> to 17 <sup>th</sup> December 2023

# Faculty Awards



**Dr. Karthik Shetty**

‘Distinguished researcher award’ by the Association of Conservative Dentistry and Endodontics.



**Dr. Manuel Thomas**

“Best Paper Award” at the National Conference of the Indian Endodontic Society



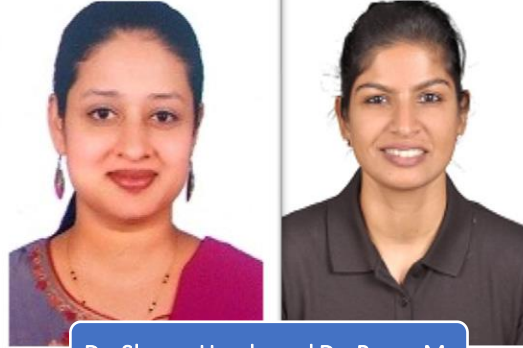
**Dr. Umesh Pai**

Granted the Fellowship of International College of Oral Implantologists



**Dr. Suprabha BS**

“Distinguished Woman” award at the Indian Society of Pedodontics and Preventive Dentistry



**Dr. Shreya Hegde and Dr. Roma M**

First place in Poster presentation at World Association for Photo biomodulation Therapy Congress



**Dr. Ashwin Rao**

First prize in poster presentation at the 44<sup>th</sup> Indian Society of Pediatric & Preventive Dentistry National Conference



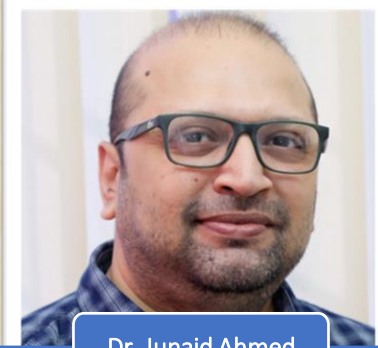
**Dr. Nandita Shenoy**

“Best Paper Award” at the 49<sup>th</sup> Karnataka State Dental Council Conference



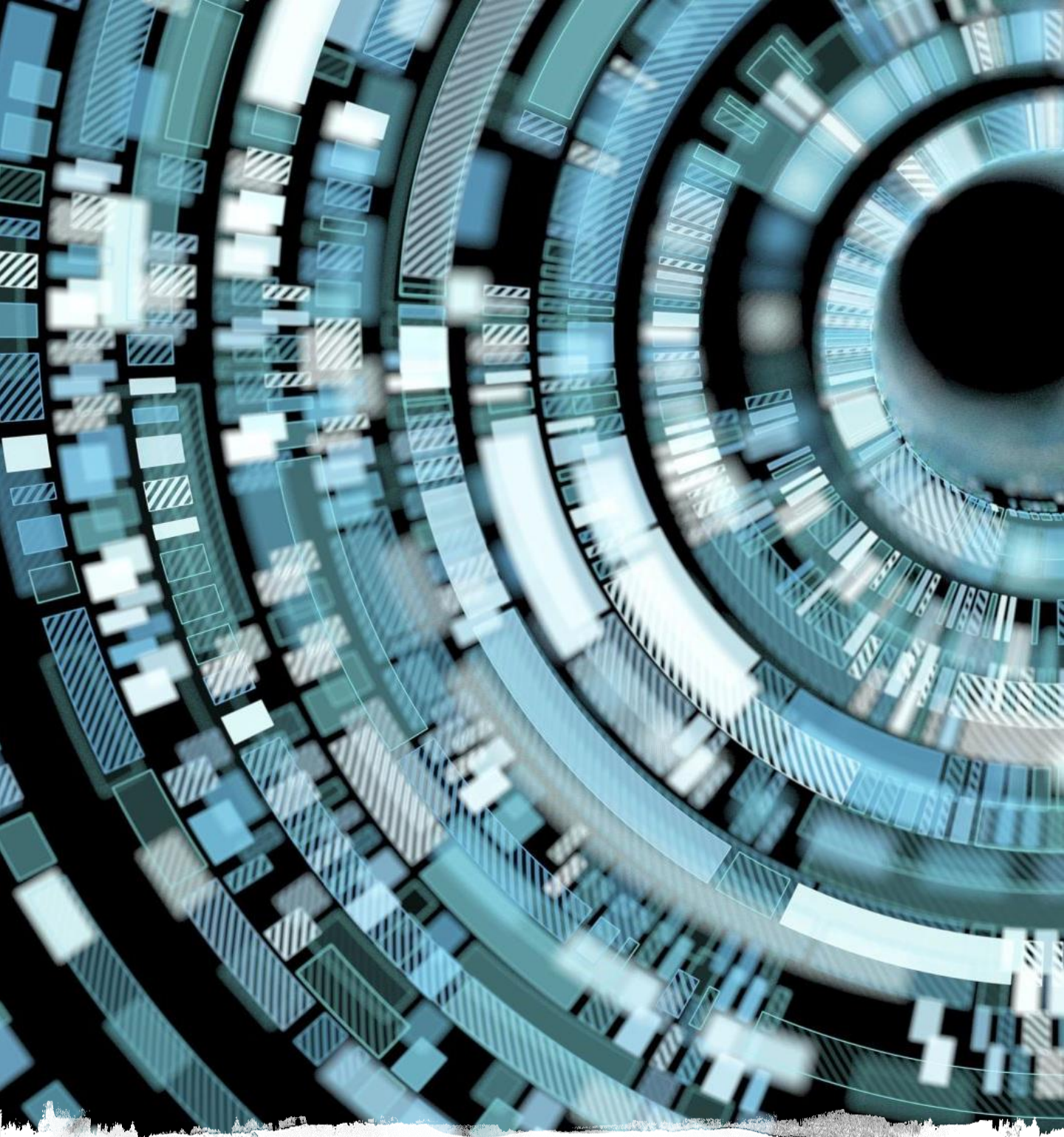
**Dr. Sameep Shetty**

Certificate of recognition given by Wiley for the Top downloaded Article



**Dr. Junaid Ahmed**

Received the “Best IDA DK Branch President” Award at 49<sup>th</sup> KSDC in recognition of significant contributions to the dental community



# INTERNATIONALISATION

# AIESEC Highlights



MCODS International Collaboration committee conducted a continuing dental education program on 28th July 2023 titled "AIESEC Highlights." The resource person for the event was Mr. Shivam Subramanian, AIESEC Local Committee President, MIT MAHE.



## Academic Curricular Exchange - Student Exchange Program



Department of Public Health Dentistry welcomed two postgraduate students, Dr. Binita Limbu and Dr. Ashma Ojha, Dental Public Health, BPKIHS, Nepal on 26<sup>th</sup> August 2023. This one month visit that included academic, cultural and other activities was a part of the MoU signed between Manipal Academy of Higher Education, Manipal, India and BPKIHS, Nepal.

# Observership Program and International Conference

## Observership Programme



Interns had the opportunity to participate in an observership program at the Faculty of Dentistry, Universiti Teknologi MARA and Melaka Manipal Medical College in Malaysia in April 2023.

Additionally, they actively engaged in the institution's annual conference, where they presented their research and received well-deserved accolades for their outstanding work.

## International Visitor from Queen Mary University



As part of our Memorandum of Understanding with Queen Mary University of London, we had the pleasure of hosting Ms. Clare Burke, Head of International Partnership, Queen Mary University of London.



## Orthodontic Clear Aligner International Workshop



Dr. Shравan Shetty, Associate Professor, Orthodontics, was invited as a resource person to conduct international workshops on Orthodontic clear aligners on 15-17<sup>th</sup> May 2023, in Madrid, Spain and aligners on 8-9<sup>th</sup> December 2023, in Pontedera, Italy by the European School of Oral Rehabilitation, Implantology and Biomaterials (ESORIB) in Spain and by Age Solutions S.R.L in Pontedera, Italy.

## Invited Guest Lecture



Dr. Sameep Shetty was invited as a guest speaker to the Department of Dental Sciences, Seoul National University of Dentistry to talk on molecular biology and immunology in oral cancer.



## Workshop on Evaluation of Interprofessional Programmes

Dr. Nanditha Sujir, Associate Professor, Oral Medicine and Radiology was the resource person for preconference workshop on Evaluation of Interprofessional programmes along with MAHE-FAIMER faculty, Dr. John HV Gilbert (Founding Chair, Interprofessional global), Dr. Tatiyana Mandal (Department of Basic Sciences, MAHE) and Dr. Saleena Ummer (National University – Science & Technology, Oman) at the 11th International Conference on Interprofessional Education and Collaborative Practice, All Together Better Health (ATBH) XI, at Qatar University Doha held from 6th to 9th November 2023.



# ALUMNI RELATIONS

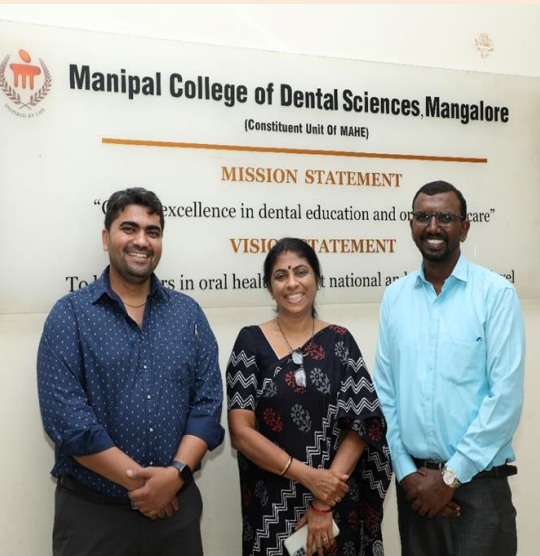
# Ethics and Making of an Oral and Maxillofacial Surgeon



The Department of Oral and Maxillofacial Surgery conducted a Guest lecture on “Ethics and Making of an Oral and Maxillofacial Surgeon” on 23<sup>rd</sup> June 2023.



## Partnership with Alumni for Collaborative Excellence (PACE)



Dr. Prabhat Kumar Tiwari M.D.S. Professor, Oral and Maxillofacial Surgery, Sri Sai College of Dental Surgery, Vikarabad, Telangana, PG alumnus 2009 batch was the resource person of PACE (Partnership with Alumni for Collaborative Excellence).



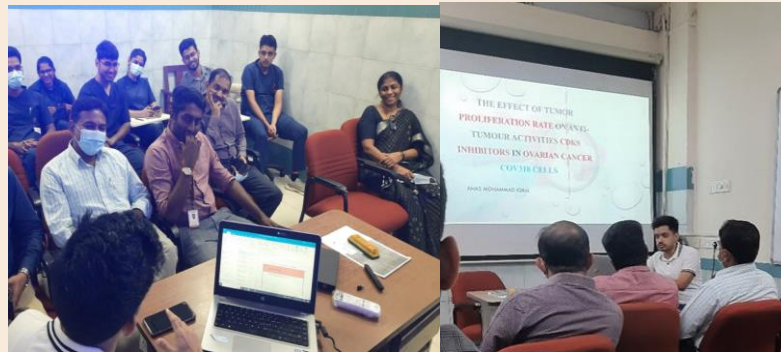
Department of Oral Medicine and Radiology held a program under the PACE initiative on 25<sup>th</sup> March 2023. The presentation titled “A case report of cysticercosis of masseter muscle: A rare non odontogenic cause of facial swelling” was moderated by Dr. Rinky Nyachhyon, Peoples Dental College and Hospital, Kathmandu, Nepal.



# The Effect of Tumor Proliferation Rate on Anti Tumor activities CDK inhibitors

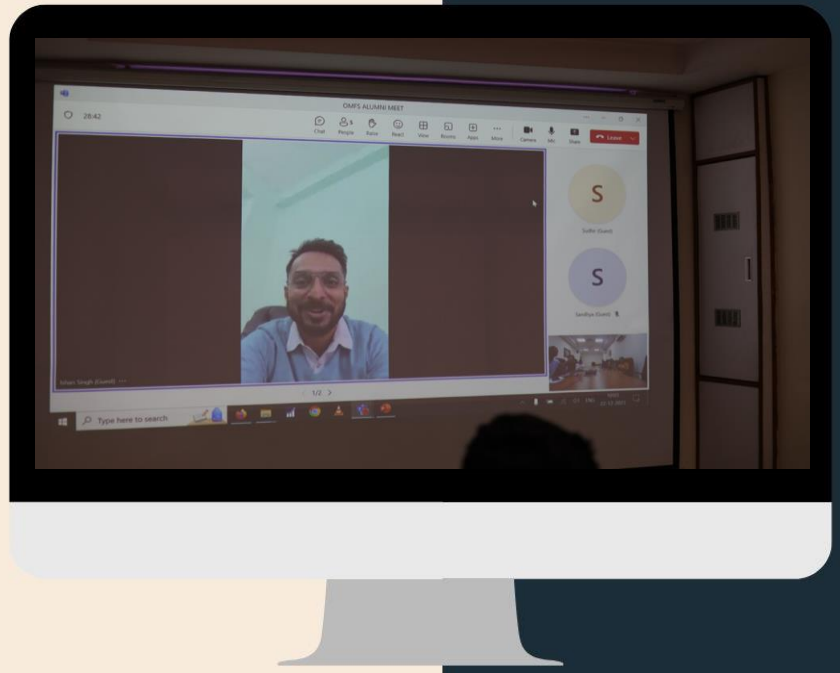


Department of Oral & Maxillofacial Surgery conducted a Guest Lecture on 21<sup>st</sup> December 2023 for Postgraduate students and Faculty titled “The Effect of Tumor Proliferation rate on anti tumor activities CDK inhibitors”. Resource person was Dr. Anas Mohammad Iqbal, Masters in Cancer Biology, Kingston University, London, PG Alumnus Batch of 2016.



## Online Alumni Meet - Department of Oral and Maxillofacial Surgery

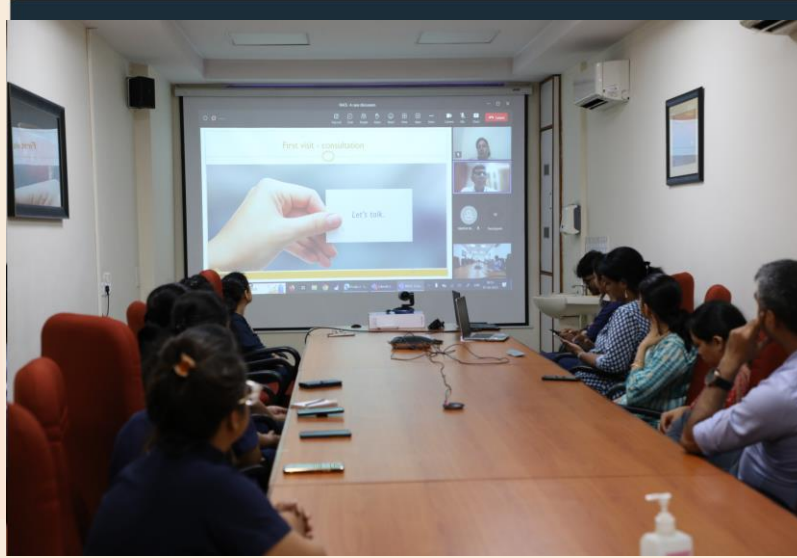
The Department of Oral & Maxillofacial Surgery conducted an Online Alumni Meet on 22<sup>nd</sup> December 2023. The meeting was held to reconnect and develop partnership with the Alumni of Oral and Maxillofacial Surgery and also for fostering collaboration on various levels with our alumni, spread across the states of Karnataka, Andhra Pradesh, Telangana, Tamil Nadu, Delhi, Maharashtra and countries such as Nepal, Romania and UK. A fun quiz with the memories of Mangalore and MCODS was also conducted, which was participated with enthusiasm by the alumni.



## A Case discussion on Comprehensive Treatment under General Anaesthesia



The Department of Pediatric and Preventive Dentistry, conducted an online case discussion session by Dr. Sankalp Taparia, PG Alumnus 2006 batch, Pediatric Dentist at the HAPPY 2TH, Kolkata, titled "Comprehensive Treatment under General Anaesthesia", where the clinical challenges faced in private practice during the conduct of comprehensive general anaesthesia in pediatric dental patients and their management were discussed.



## Osteoradionecrosis of the jaw



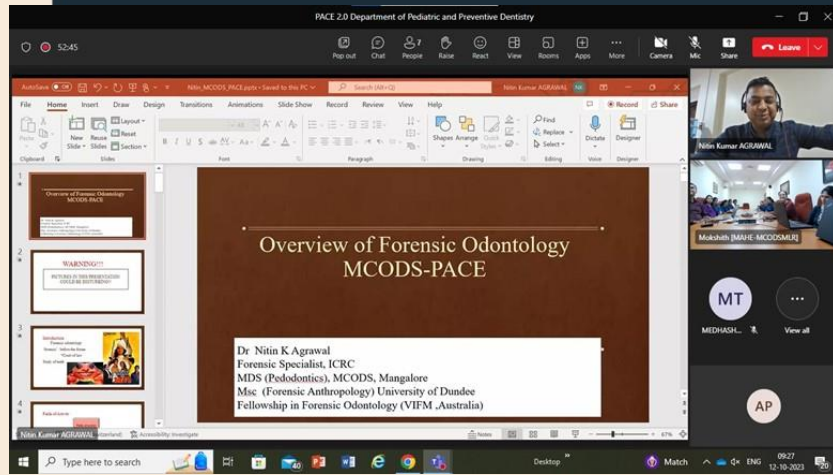
The Department of Oral and Maxillofacial Surgery conducted an Academic curricular education programme on the 17th August 2023. Dr Gokul Venkateshwar, Professor, D.Y Patil University School of Dentistry and Dr Sourjya Banerjee Associate Professor, Kasturba Medical College, Mangalore moderated the presentation by Dr. Ritesh Singh, final year postgraduate student.



# Overview of Forensic Odontology



Department of Pediatric and Preventive Dentistry, organized an alumni webinar and discussion as part of PACE on “Overview of Forensic Odontology”. The resource person was Dr Nitin Kumar Agrawal, Forensic Specialist at the International Committee of the Red Cross and PG alumnus of batch 2009.



## Silver Jubilee Alumni Meet – UG Batch of 1998



The Silver Jubilee Alumni meet was held on 28<sup>th</sup> December 2023 for the 1998 UG batch of MCODS Mangalore.





# ALUMNI TESTIMONIAL

## Dr. Utkarsh Yadav.

- **Specialty:** Oral Medicine and Radiology
- **Batch:** 2014-2017
- **Presently working as:** Senior Resident in the Department of Oral Medicine and Radiology, Faculty of Dental Sciences, IMS, BHU, Varanasi, Uttar Pradesh.
- **Experiences at MCODS Mangalore:** There is a vast list of experiences with fond memories of the department, hostel and the city itself. The academics and research oriented exposure gave me new horizons to explore in my specialty. The different types of cases, friendly and approachable nature of the staff members, CBCT exposure and great access to the library imbibed knowledge and confidence in me.
- **Message for current students:** MCODS + Mangalore = Super combination. It is a beautiful temple of learning. The student exchange programme of MCODS is very beneficial for all the candidates. Try to grasp as much as possible as this time will never come back and enjoy the serene environment of MCODS, Mangalore. Your hard work will definitely pay you back. All the very best for your bright future.



## Dr. Kripa Adlene Edith A

- **Specialty** - Oral Medicine and Radiology in
- **Batch:** 2020 – 2023
- **Presently working as:** Senior Research Fellow, KLE Society Institute of Dental Sciences, Bengaluru
- **Experience at MCODS:** I learned different aspects and experienced practical training in this interesting field of dentistry. After an unforgettable three years, the department gave me the knowledge and solid footing in research, CBCT interpretation, and management of stomatognathic disorders. The entire department and faculty members are very cordial and approachable which helped me to excel in my area of interest.
- **Message for current students:** There is a colossal number of resources and opportunities offered by the institute. Utilization of the resources and the knowledge of all the faculty members will be of use in the future.



## Dr. Nithin Thilak

- **Specialty:** Oral Medicine and Radiology
- **Batch:** 2017-2020
- **Presently working as:** Clinical Application Specialist with W&H Dental India Private Limited and Planmeca



I am writing to express my profound gratitude and appreciation for the exceptional experience I had, both as an undergraduate and postgraduate student at Manipal College of Dental Sciences, Mangalore. The UG experience was a joy ride filled with love, laughter, and emotions. During the NEET counselling, the moment I got to know I can pursue my post-graduation at the same college, it was a no brainer, and easily one of the best decisions I ever made in my life. I can't put into words the transformative impact this college has had on my professional and personal growth.

The Postgraduate Program at MCODS, Mangalore, is an unparalleled opportunity for advanced education and specialization in dentistry. The curriculum not only encompasses cutting-edge clinical techniques but also emphasizes research, evidence-based practice, and leadership skills, providing a comprehensive foundation for a successful career in dentistry. In addition to the academic and clinical aspects, the college has also prioritized professional development. Workshops, seminars, and networking opportunities have equipped me with the skills and insights necessary for success in the profession. The college's emphasis on ethics, communication, and patient-centered care has further reinforced the importance of compassionate and ethical practice.

The faculty members at MCODS, Mangalore, are distinguished experts in their respective fields, some of the biggest names in the country, and their commitment to excellence is evident in their teaching methodologies and mentorship. Even though I was the only PG in my batch, it never felt that way, I was always treated as a colleague. The staff were more than happy to share the workload, help me with seminars, journals clubs, case presentations, thesis, and everything that I might have encountered on the way. They always made sure I had my breakfast and lunch on time, even accompanying me at times, to make sure I didn't skip it amidst the busy schedule. The first wave of COVID pandemic and lockdown happened during the preparatory phase of my final exam, and I distinctly remember all the staff checking on me, multiple times a day, via phone calls/text messages, and motivating me to stay positive during the tough phase. Their guidance has been instrumental in refining my clinical skills, fostering critical thinking, and instilling a commitment to lifelong learning within the field of dentistry.

Another thing that makes the MCODS experience unparalleled is the location; Mangalore, or Namma Kudla as we call it, is not just a place, it's an emotion. There is warmth in the air and in people's heart. It's an attachment impossible to uproot.

To the aspiring students, I just want to say, going to MCODS-Mangalore is like going to Disneyland, but for education. If I had a time machine, the first thing I will do is, dial back to 2017 and relive the summer of 17' all over again. If only!!



## CO-CURRICULAR ACTIVITIES

# Free Dental Camp with Lions Club - Vitla



Department of Public Health Dentistry and Lions Club Vitla conducted a Dental Health Treatment Camp at CHC Vitla for general public on 29<sup>th</sup> October 2023. 52 patients took the benefit of the full day camp. The camp catered to the SDG 3 – Good health and well being and SDG 17- Interdisciplinary working.

## Blood Donation Drive 2.0



The Blood Donation Drive 2.0, jointly organized by VSO and DISHA, commenced at the KMC Attavar Central Laboratory in the month of July 2023. The primary objective of this event was to encourage voluntary blood donation and address the ongoing need for blood in medical facilities.

The initiative has had a positive impact on the local community, as it aids in building a stable and reliable blood supply in our hospitals and medical centers.



## Old Age Home Visit

On a sunny morning of 23<sup>rd</sup> April 2023 , members of the DISHA organization visited the Mother Teresa old age home. During the visit, they engaged in various activities such as playing games, activities and sharing stories. The residents were receptive and interactive and were eager to participate in all the activities and share their experiences with us.



## Swachh Bharat Mission Activity



“Cleanliness is next to Godliness.”

The third and final BDS students translated Swachh Bharat Mission campaign into action by bringing community participation for a clean environment, zero waste, dust-free, plastic-free, and green, the community was encouraged to keep their surroundings clean.

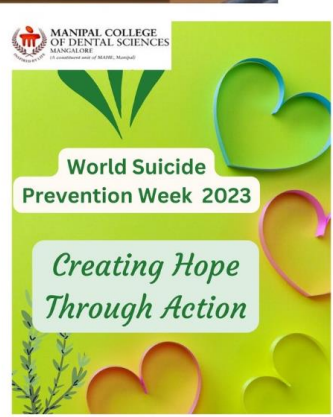
## World Environment Day Celebration

In line with this year's theme - #BeatPlasticPollution, we at MCODES, Mangalore, aimed to teach our students the same by Organizing World Environment Day. The main objective of observing this day was to change their attitude towards the environment and advocate partnership between each human being and society to ensure a safe future for all.



## World Suicide Prevention Week 2023

World Suicide Prevention Week 2023 was organized to educate students and make them aware of the measures to prevent the suicides that are currently increasing at an alarming rate across the globe.





# ARCADE'23

The most anticipated event of our college- The Dental week, 'Arcade 23' was a full-week inter-batch 35 events competitions with a grand culmination at TMA Pai on 26<sup>th</sup> May 2023.

## UTSAV'23 MAHE, MANIPAL

Runner's up at Utsav '2023.



- Manipal Marathon Promo Run, 2023\
  - Dinkar Nagpal (1st Year Student) won the 2<sup>nd</sup> place
  - Shikhar Singh (3<sup>rd</sup> Year Student) won the 3<sup>rd</sup> place
  - Dr. Urbashi Roy (3rd year PG Department of Periodontics) won the 3rd place in Womens



- INVICTUS ALL MEDIC INTER COLLEGE TOURNAMENT
- STAFF BASKETBALL TEAM took part in INTERMAHE STAFF BASKETBALL TOURNAMENT



- IDA INTERCOLLEGE BADMINTON AND TABLE TENNIS TOURNAMENT

- INTER-MAHE TOURNAMENT



Mangaluru, KA, India  
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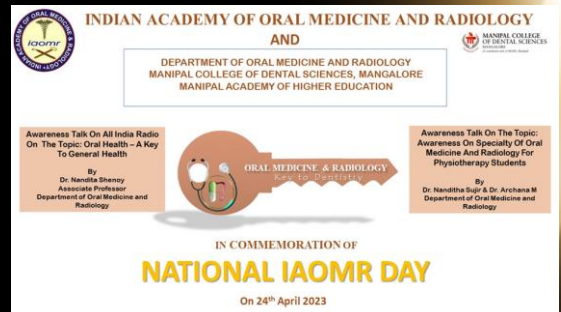
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Lat: 12.862615, Long: 74.850483  
02/16/2023 09:09 PM GMT+5:30  
Note: Captured by GPS Map Camera



# SPOTLIGHT

# National Oral Medicine & Radiology Day Celebrations



## Awareness talk for Physiotherapy students

The Department of Oral Medicine and Radiology held a talk on “Awareness on Specialty Of Oral Medicine And Radiology For Physiotherapy Students” on 24.04.2023. The talk was delivered by Dr. Nanditha Sujir & Dr. Archana M to 1<sup>st</sup> year and 2<sup>nd</sup> year undergraduate physiotherapy students at the Centre for Basic Sciences, Bejai, Mangalore. It was an interactive session with all the participants sharing their thoughts and perspectives about oral health.



## Awareness talk on All India Radio

The Department of Oral Medicine and Radiology held a talk on Akash Vani Mangalore (All India Radio) on “Oral health as a key indicator to systemic health” which was aired on 26.04.2023. The talk was delivered by Dr. Nanditha Shenoy. The talk covered all aspects of oral implications of systemic diseases and oral health as a mirror of general health.



# INTERNATIONAL DAY OF RADIOLOGY



The Department of Oral Medicine and Radiology celebrated the International Day of Radiology on 8th November 2023. A talk on “Basics of Advanced Maxillofacial Imaging” by Dr. Sonali Ullal, Associate Professor, Department of Radiodiagnosis and Imaging, KMC Mangalore. A competition was also organized for the students ‘Art from radiology waste’. #SDG 3,4,12,13.

# CBCT CERTIFICATE COURSE



The Department of Oral Medicine and Radiology conducted 2 batches of CBCT certificate course from 1<sup>st</sup> to 4<sup>th</sup> March and 20<sup>th</sup> to 23<sup>rd</sup> September 2023. There were participants from all over the country. It was a comprehensive 4 day program designed to provide strong fundamental understanding and advanced knowledge and skill in CBCT imaging and its clinical applications.



# TEAM ORAL MEDICINE AND RADIOLOGY



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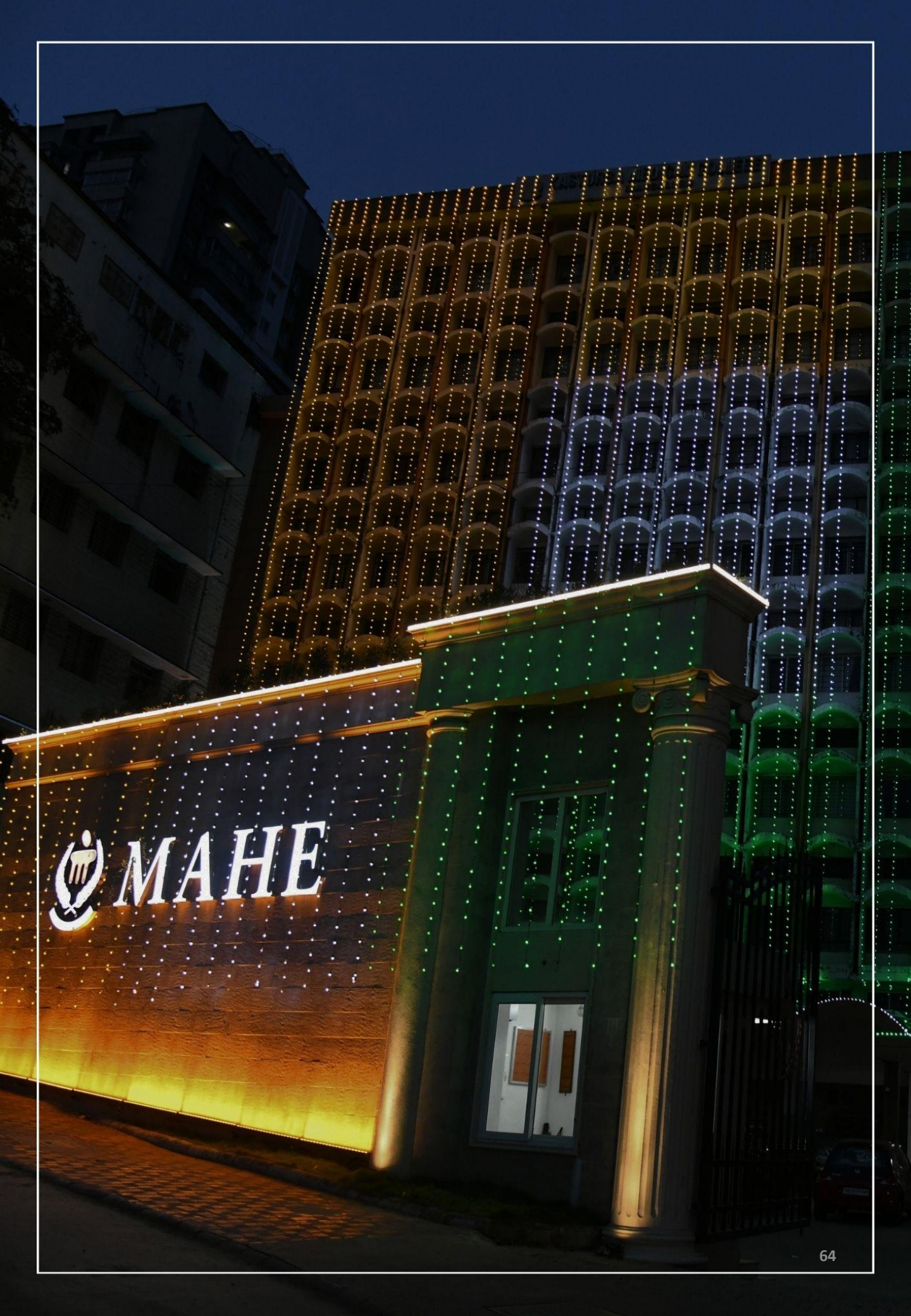
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