



**MANIPAL**  
ACADEMY of HIGHER EDUCATION  
(Institution of Eminence Deemed to be University)



**MedOrient**

**WELCOME KIT**  
for The MBBS students

**Manipal-TATA Medical College  
Jamshedpur**

# INDEX

---

Dean's message	<b><u>02</u></b>
Good to know	<b><u>03</u></b>
Check List for the items required	<b><u>04</u></b>
Documents Required for Opening a Bank account & Mobile connections	<b><u>05</u></b>
Vaccination information	<b><u>06</u></b>
Health Instructions	<b><u>07</u></b>
Safety Instructions	<b><u>08</u></b>
Anti-ragging – information	<b><u>09</u></b>
Word of caution	<b><u>10</u></b>
Policy on Substance Abuse	<b><u>11</u></b>
List of hotels in and around Jamshedpur	<b><u>12</u></b>



## Dean's Message

Dear Students,

Greetings from Manipal TATA Medical College.

Let me congratulate you and extend a warm welcome as you embark on a journey to fulfill your dreams of becoming a doctor. I am delighted that you joined Manipal Tata Medical College, Jamshedpur, a Constituent unit of Manipal Academy of Higher Education, an Institute of Eminence.

Medical Education is a lifelong journey, the learning never stops, and we must be always willing to discover new things, new challenges to improve our competence. We at Manipal Tata Medical College, take immense pride in the fact that our students receive the highest quality of education as we ensure that we provide the best of everything, be it infrastructure or faculty.

Make the best use of the opportunities that are provided to you and acquire the competencies to become a competent and caring healthcare provider. I wish you good luck and success in all your future endeavors !

**Dr. G Pradeep Kumar**

Dean

## GOOD TO KNOW!!!!

---

- To make you comfortable adjusting to the medical career, we have a Mentors' Cell with faculty to guide you at each stage. Student and parents will meet with the respective Mentors on the first day of Orientation week.
- The Foundation Course will be full of interesting activities to help you settle down and includes a First aid training program, Ethics and professionalism etc.
- The Bank requirements, mobile network connection details are also appended. Please bring the necessary documents.
- The student information - general and other interests are to be filled in the student profile card and hobby/extracurricular interest form (Annexure 1).
- Students need to get vaccinated to prevent them from getting infected during their medical course. Information regarding the same is hereby attached (page 8). Kindly ensure it is done or you may get it done after your arrival in Manipal. Students, who have already got vaccinated, please carry with you a medical certificate of the same.
- Ragging is a criminal offence as per the Honorable Supreme Court of India.  
There is a declaration form attached which needs your parent/guardian's signature concerned with ragging. Please do fill that appropriately and submit it when you arrive here.
- The nearest airport is in Birsa Munda Airport at Ranchi situated 125 km away from Jamshedpur. You can reach here via a prepaid taxi. The nearest railway station is at TATA Nagar.
- Please carry a sufficient number of your passport size photographs (atleast 10).
- Please bring an umbrella.

## CHECK LIST

---

- Copy of the Admission order
- Student's profile and undertaking
- White Coat (with Manipal Academy of Higher Education logo) \*
- Photocopies of original documents
- 10 passport size photographs
- Laptop / Smartphone

\* The White Coat with Manipal Academy of Higher Education logo is needed for the 'White Coat Ceremony'. It can be collected from the library. The White Coat Ceremony will be on the last day of the Foundation Course.

## DOCUMENTS REQUIRED

---

### **A. FOR OPENING BANK AND SAVINGS ACCOUNT**

The account opening form of the bank needs to be submitted to the Bank along with the following documents:

1. Copy of Admission Order
  2. Address Proof (xerox of any one of the following and its original should be brought for verification)
    - a. Aadhar Card
    - b. Passport
    - c. Voter ID
    - d. Driving License
  3. Xerox Copy of Pan Card (If you are having Pan Card)
  4. Two Photos (passport sized color photographs)
- 

### **B. FOR OBTAINING MOBILE CONNECTION**

1. Residence Proof- passport/Driving license / aadhar card / ration card / college letter (if student does not have any residence proof)
2. Three passport sized color photographs

## VACCINATION INFORMATION

---

### MANDATORY VACCINE

- **Hepatitis B**

3 doses - 0, 1 and 6 months intramuscular Approximate cost: Rs 80/-

- **COVID Vaccine Certificate**

---

### DESIRABLE VACCINES

- **Chicken pox vaccine**

All adults who have never had chickenpox or have never received the vaccination should be vaccinated against it. Two doses of the vaccine (subcutaneous) should be given at least four weeks apart.

Approximate cost: Rs 1700/-

- **MMR Vaccine**

Single dose, if not vaccinated in the last 5 years

Approximate cost: Rs 130/-

---

### OPTIONAL VACCINES

- **Typhoid Vaccine** Single dose (IM) and booster

dose every 3 years Approximate cost: Rs 290/-

- **Hepatitis A Vaccine**

2 doses - 0, 6 months

Approximate cost: Rs 1900/-



**MANIPAL**  
ACADEMY of HIGHER EDUCATION  
*(Deemed to be University under Section 3 of the UGC Act, 1956)*

# HEALTH INSTRUCTIONS

## FOOD / WATER BORNE DISEASES



Typhoid, Hepatitis A & Gastroenteritis are food and water borne communicable diseases. Students are advised to take appropriate preventive measures. Use safe drinking water, dine at restaurants of good reputation with good hygienic standards.

### Optional Vaccination

Typhoid Vaccine	Hepatitis A Vaccine
Single dose (Intramuscular)	2 doses
3 years immunity following vaccination	0, 6 months
Cost: `290/- (approx.)	Cost: `1,050/- per dose (approx.)

## HEPATITIS B



Hepatitis B Infection is an occupational hazard for health science students. To protect oneself, the following vaccination is recommended.

### Hepatitis 'B' Vaccine

3 doses

0, 1, 6 months (Intra muscular)

Cost: `80/- per dose (approx.)

## CHICKENPOX / MEASLES



Chickenpox & Measles outbreak in the campus is a source of concern. It is therefore strongly recommended that students who have not had prior Chickenpox / Measles infection or not been vaccinated for the same take the following vaccinations.

### Chickenpox Vaccine

*(If there is no history of a childhood episode or not vaccinated earlier)*

2 doses

0, 6 Weeks (Subcutaneous)

Cost: 1,700/- per dose (approx.)

### Measles-Mumps- Rubella (MMR) Vaccine

*(If not vaccinated in the last 5 years)*

Single dose

Cost: Rs.160/- (approx.)

## MALARIA / DENGUE



### Prevention is better than cure

It is recommended that the students take the following precautions

1. Use mosquito nets while sleeping.
2. Use mosquito repellents when outdoors at dawn and dusk.
3. Avoid littering and keeping open containers where water could stagnate.



## NO SMOKING

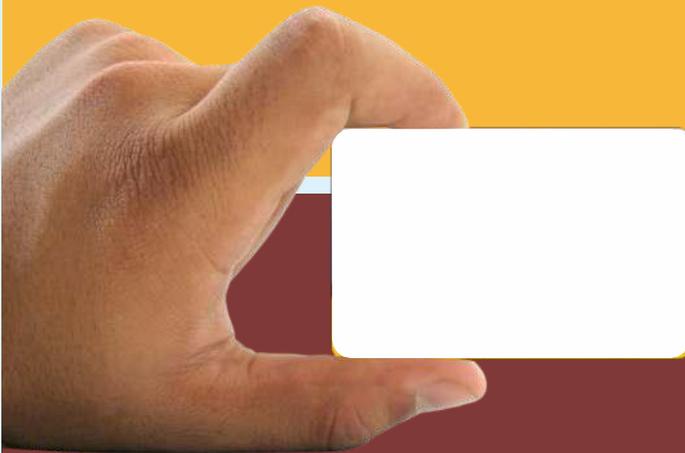
It is against the law to smoke in the campus



## Safety Instructions for Students

***Speed and Negligence***  
cause majority of the ***accidents!***

Observe Traffic Rules and Drive Cautiously.



**Keep the University ID Card  
with you at All Times.**

*Display when asked for by the Institutional &  
University Authorities / District Police Authority.*

Life is precious. We value it.



**MANIPAL**  
ACADEMY of HIGHER EDUCATION  
(Institution of Eminence Deemed to be University)

TEARS WON'T MAKE A DIFFERENCE

# RAISE YOUR VOICE A G A I N S T RAGGING

## What constitutes Ragging?

"Ragging is any disorderly conduct whether by words spoken or written or by an act which has the effect of teasing, treating or handling rudely any student, indulging in rowdy or undisciplined activities which cause or is likely to cause annoyance, hardship or psychological harm or to raise fear or apprehension thereof in a fresher or a junior student and which has the effect of causing or generating a sense of shame or embarrassment so as to adversely effect the psyche of a fresher or a junior student." *The Hon'ble Supreme Court of India*

**Ragging is a criminal offence.**

## Warning

No leniency will be shown to the offenders involved in ragging. All students are requested to note and co-operate in keeping the university and its constituent colleges free of ragging. If found to be an offender, the following actions will be resorted to:

- **Suspension/Rustication/Expulsion from the college**
- **Fine upto `2.5 lakhs**

## Penalty for Ragging

No person who is a student of an educational institution shall commit ragging. Supreme Court of India has ordered that "if any incident of ragging comes to the notice of the authority, the concerned student shall be given liberty to explain and if his/her explanation is not found satisfactory, the authority would expel him/her from the institution".

In case of emergency contact:

Toll free

**1800 425 6090**

Anti-Ragging Squad

**99456 70913**

Chief Operating Officer (Campus Safety)

**70226 32484**

Director, Student Affairs

**98457 84282**

Helpline no. for MTMC, Jamshedpur Campus

**9153973654**



# WORD OF CAUTION

for

## Manipal Academy of Higher Education students

### -----DO'S & DON'TS-----

In the wake of certain unsavory incidents over the last few months, the Management of Manipal-TATA Medical College and Jamshedpur Police have chalked out plans to put an end these incidents for the security and safety of the students in the MTMC. This move is to ensure that students enjoy their stay on the campus or off it, so that after they graduate and leave the portals they will take back rich memories of their stay in Jamshedpur. The MTMC is prepared to do everything for the holistic development of every student and in turn the student is expected to live up to all expectations, not only of the MTMC but also the dreams of their loved ones far away.

For this purpose, the MTMC and Jamshedpur Police have come up with a few do's and don'ts for students staying in hostels and outside. They are:

- 1) Rules and regulations are already in place both for hostels (MTMC) and for those staying outside (Police). They will have to be strictly adhered to at all times.
- 2) MTMC will take strict action against any student who indulges in substance abuse and verbal abuses/quarrel/misbehavior with Police/Security Personnel and causing obstruction for duties. Such students will be booked under section 353 IPC and MTMC rules and regulations.
- 3) Random check of student premises will be carried out and the students will even be subjected to drug and alcohol tests if a situation so demands.
- 4) Students with two wheelers or four wheelers are to have complete documents in possession always. If any vehicle is found without relevant papers, the vehicle will be seized and handed over to the Jamshedpur Police authorities.
- 5) Foreign students are also expected to abide by the law of the land. They risk deportation if found to be involved in illegal activities. Students are also requested to cooperate and bring unlawful acts immediately to the notice of concerned authorities.
- 6) No student will be allowed to be on road after 9.30 pm for any reason. They will be taken to the police station if they are found roaming on the streets after that time.
- 7) Jamshedpur Police Act (Section 92- maintenance of public order) will be enforced as and when warranted
- 8) COTPA 2003 act will be enforced by Police if any student is found smoking inside the campus premises and within 100 meters of radius from the outer boundary of educational institutions.
- 9) Motor Vehicles Act will be enforced if any student is found involved in drag race in traffic violations and sound pollution ...etc. in and around the MTMC campus.

**All these instructions will come into effect forthwith.**

Some of the important contact details

- |  |   |
|--|---|
| <ul style="list-style-type: none"> <li>• 24x7 toll free service at <b>100</b></li> <li>• SP Sidgodda: <b>9895381029</b></li> </ul> | <ul style="list-style-type: none"> <li>• MTMC Office: <b>0657-2211122</b></li> <li>• Administrative Officer: <b>9632407758</b></li> </ul> |
|--|---|

REGISTRAR



## POLICY ON SUBSTANCE ABUSE

### Objective:

To prevent substance abuse and to create a secure, conducive atmosphere for learning among the students in the campus.

The University adheres to the following guidelines concerning the possession, use and/or distribution of substances of abuse: Cannabis, Heroin, Benzodiazepines, barbiturates, Flunitrazepam, Cocaine, Ketamine, Psilocybin, Lysergic acid diethylamide, Amphetamine, Methamphetamines, MDMA, Phencyclidine, GHB, Methaqualone, Inhalants and any other drugs and substances mentioned in The Narcotic Drugs and Psychotropic Act 1985.

1. The possession, use and/or distribution of substances of abuse are prohibited on premises owned or controlled by the University.
2. University squads will carry out random checks on students/residential premises for substances of abuse.
3. Possession, use and/or distribution of substances of abuse will attract appropriate disciplinary action which may include expulsion.

Offenders will also come under the purview of Narcotic Drugs and Psychotropic Substances Act 1985 (NDPS Act) and will be liable for penal action.

---

### Disciplinary procedures:

A student violating the MTMC policy on substance abuse will face:

- a) Immediate suspension from the college, pending enquiry.
- b) Parent/legal guardian will be informed immediately who will be expected to meet the Head of Institution (HOI) at the earliest.
- c) The Institutional Disciplinary Committee will conduct an enquiry and submit the report to HOI who will initiate further action in consultation with the Director Student Affairs, Manipal-TATA Medical College.

---

### Policy matters on Alcohol & Tobacco

- The University campus is declared as “Alcohol/Tobacco free campus”
- If a student is found possessing / consuming Tobacco/Alcohol in the premises owned or controlled by the University, the Institutional Disciplinary Committee will take appropriate action.

## LIST OF HOTELS IN JAMSHEDPUR

---

Jiva Ph: 9204606060

Ginger Ph: 06576663333

Alcor Ph:06576620001

Ramada Ph: 06576605000

Sonnet Ph:06576619000

---



Kadani Road, Baridih, East  
Singhbhum District, Jamshedpur,  
Jharkhand 831 017  
dir. 0657-2211122 fax. 0657 2211133  
<https://manipal.edu/mtmc-jamshedpur.html>